

VIDEOCONFERENCE MEETING
STATE OF CALIFORNIA
PUBLIC EMPLOYEES' RETIREMENT SYSTEM
BOARD OF ADMINISTRATION
PENSION & HEALTH BENEFITS COMMITTEE
OPEN SESSION

ZOOM PLATFORM

TUESDAY, MARCH 16, 2021

9:00 A.M.

JAMES F. PETERS, CSR
CERTIFIED SHORTHAND REPORTER
LICENSE NUMBER 10063

APPEARANCES

COMMITTEE MEMBERS:

Rob Feckner, Chairperson

Ramon Rubalcava, Vice Chairperson

Margaret Brown

Henry Jones

David Miller

Eraina Ortega

Theresa Taylor

Shawnda Westly

Betty Yee, represented by Karen Greene-Ross

BOARD MEMBERS:

Fiona Ma, represented by Frank Ruffino

Lisa Middleton

Stacie Olivares

Jason Perez

STAFF:

Marcie Frost, Chief Executive Officer

Matt Jacobs, General Counsel

Donald Moulds, PhD, Chief Health Director

Anthony Suine, Deputy Executive Officer

Kelly Fox, Chief, Stakeholder Relations

APPEARANCES CONTINUED

STAFF:

Pam Hopper, Committee Secretary

Julia Logan, MD, Chief Medical Officer

Karen Páles, Acting Chief, Health Policy Research Division

Kimberly Pulido, Chief, Retirement Benefit Services
Division

ALSO PRESENT:

Tim Behrens, California State Retirees

Lisa Bocast

Leemore Dafny, PhD, Harvard Business School, Kennedy
School of Government, Bates White

Laura Slavec

Larry Woodson, California State Retirees

INDEX

	<u>PAGE</u>
1. Call to Order and Roll Call	1
2. Election of the Pension & Health Benefits Committee Chair and Vice Chair	2
3. Approval of the March 16, 2021, Pension & Health Benefits Committee Meeting Timed Agenda	7
4. Executive Report - Don Moulds, Anthony Suine	8
5. Action Consent Items - Don Moulds	54
a. Approval of the November 17, 2020, Pension & Health Benefits Committee Meeting Minutes	
b. Review of the Pension & Health Benefits Committee Delegation	
c. Minimum Standards for Health Benefit Plans - Amendment of Regulations	
6. Information Consent Items - Don Moulds	57
a. Annual Calendar Review	
b. Draft Agenda for the next Pension & Health Benefits Committee Meeting	
c. Health Open Enrollment Results	
7. Action Agenda Items	
a. Competition Study & 2022 New Plans, Area Expansion and Benefit Changes - Don Moulds	61
8. Information Agenda Items	
a. Update on Retiree Cost-of-Living Adjustment - Anthony Suine	99
b. Summary of Committee Direction - Don Moulds	101
c. Public Comment	102
Adjournment	102
Reporter's Certificate	104

PROCEEDINGS

1
2 CHAIRPERSON FECKNER: So let's call the meeting
3 to order. We'd like to call the Pension and Health
4 Benefits Committee meeting to order.

5 First order of business will be to call the roll.
6 Ms. Hopper, please.

7 COMMITTEE SECRETARY HOPPER: Rob Feckner?

8 CHAIRPERSON FECKNER: Good morning.

9 COMMITTEE SECRETARY HOPPER: Margaret Brown?

10 COMMITTEE MEMBER BROWN: Good morning.

11 COMMITTEE SECRETARY HOPPER: Henry Jones?

12 COMMITTEE MEMBER JONES: Here.

13 COMMITTEE SECRETARY HOPPER: David Miller?

14 COMMITTEE MEMBER MILLER: Here.

15 COMMITTEE SECRETARY HOPPER: Eraina Ortega?

16 COMMITTEE MEMBER ORTEGA: Here.

17 COMMITTEE SECRETARY HOPPER: Ramon Rubalcava?

18 VICE CHAIRPERSON RUBALCAVA: Here.

19 COMMITTEE SECRETARY HOPPER: Theresa Taylor?

20 COMMITTEE MEMBER TAYLOR: Here.

21 COMMITTEE SECRETARY HOPPER: Shawnda Westly?

22 CHAIRPERSON FECKNER: Excused.

23 COMMITTEE SECRETARY HOPPER: Karen Greene-Ross
24 for Betty Yee?

25 ACTING COMMITTEE MEMBER GREENE-ROSS: Here.

1 COMMITTEE SECRETARY HOPPER: Mr. Chair, I believe
2 all is in attendance with Shawnda Westly being excused.

3 CHAIRPERSON FECKNER: Thank you. And Shawnda
4 will be on in a little while. She had video conference
5 first. So when she comes on, she's going to put it in the
6 chat box that she's back.

7 Item 2 will be election of the Pension and Health
8 Benefits Committee Chair and Vice Chair. For the election
9 of the Chair, I'm going to turn the gavel over to Mr.
10 Rubalcava.

11 Mr. Rubalcava, please.

12 VICE CHAIRPERSON RUBALCAVA: Okay. I've accepted
13 your gavel.

14 (Laughter.)

15 VICE CHAIRPERSON RUBALCAVA: So the order of
16 business is the election of the Pension and Health
17 Benefits Committee Chair.

18 Are there any nominations?

19 Ms. Taylor.

20 COMMITTEE MEMBER TAYLOR: Hi. I would like to
21 nominate Mr. Feckner for Chair of the Pension and Health
22 Benefits Committee.

23 VICE CHAIRPERSON RUBALCAVA: Is there a second?

24 COMMITTEE MEMBER MILLER: (Hand raised.)

25 VICE CHAIRPERSON RUBALCAVA: David Miller

1 seconds.

2 Okay. Any other nominations?

3 Any other nominations?

4 Any other nominations?

5 So I guess nominations are closed and Mr. Feckner
6 you can reassume your position as Chair of the Pension and
7 Health Committee. Congratulations, Mr. Feckner.

8 CHAIRPERSON FECKNER: So you have to have a vote,
9 Mr. Rubalcava.

10 VICE CHAIRPERSON RUBALCAVA: Sorry. Sorry. So
11 we shall have a vote then.

12 Ms. Hopper, I guess you're calling the vote,
13 taking the vote.

14 COMMITTEE SECRETARY HOPPER: Yes.

15 Margaret Brown?

16 COMMITTEE MEMBER BROWN: Aye.

17 COMMITTEE SECRETARY HOPPER: Henry Jones?

18 COMMITTEE MEMBER JONES: Aye.

19 COMMITTEE SECRETARY HOPPER: David Miller?

20 COMMITTEE MEMBER MILLER: Aye.

21 COMMITTEE SECRETARY HOPPER: Eraina Ortega?

22 COMMITTEE MEMBER ORTEGA: Aye.

23 COMMITTEE SECRETARY HOPPER: Ramon Rubalcava?

24 VICE CHAIRPERSON RUBALCAVA: Aye.

25 COMMITTEE SECRETARY HOPPER: Theresa Taylor?

1 COMMITTEE MEMBER TAYLOR: Aye.

2 COMMITTEE SECRETARY HOPPER: Shawnda Westly
3 excused.

4 Karen Greene-Ross for Betty Yee?

5 ACTING COMMITTEE MEMBER GREENE-ROSS: Aye.

6 COMMITTEE SECRETARY HOPPER: Mr. Chair, I have
7 all ayes, motion made by Theresa Taylor, seconded by David
8 Miller for the election of the Chair of the Pension and
9 Health Benefits Committee, Rob Feckner.

10 VICE CHAIRPERSON RUBALCAVA: Congratulations, Mr.
11 Feckner. Now, I can congratulate you.

12 CHAIRPERSON FECKNER: Thank you, sir. Thank you,
13 Ms. Hopper. And thank you fellow committee members. I
14 truly appreciate the vote of support.

15 Now, the next up is the election for the Vice
16 Chair of the Pension and Health Committee. For that, I
17 will now open up the floor for the nominations. Are there
18 any nominations?

19 Mr. Miller.

20 COMMITTEE MEMBER MILLER: Yes. I nominate
21 Director Ramon Rubalcava.

22 CHAIRPERSON FECKNER: Very good.

23 Are there any further nominations for Office of
24 Vice Chair?

25 COMMITTEE MEMBER TAYLOR: I'll second.

1 CHAIRPERSON FECKNER: It's been seconded. We
2 don't need seconds, but that's okay. It shows support.

3 Any further nominations for the Office of Vice
4 Chair?

5 Third and final time, any nominations for the
6 Office of Vice Chair of Pension and Health?

7 Seeing none.

8 I will entertain a motion for Mr. Rubalcava to be
9 elected Vice Chair.

10 COMMITTEE MEMBER JONES: Move approval.

11 CHAIRPERSON FECKNER: Moved by Mr. Jones.

12 COMMITTEE MEMBER MILLER: Second.

13 CHAIRPERSON FECKNER: Seconded by Mr. Miller.

14 Ms. Hopper, please call the roll.

15 COMMITTEE SECRETARY HOPPER: Margaret Brown?

16 COMMITTEE MEMBER BROWN: Aye.

17 COMMITTEE SECRETARY HOPPER: Henry Jones?

18 COMMITTEE MEMBER JONES: Aye.

19 COMMITTEE SECRETARY HOPPER: David Miller?

20 COMMITTEE MEMBER MILLER: Aye.

21 COMMITTEE SECRETARY HOPPER: Eraina Ortega?

22 COMMITTEE MEMBER ORTEGA: Aye.

23 COMMITTEE SECRETARY HOPPER: Ramon Rubalcava?

24 VICE CHAIRPERSON RUBALCAVA: Aye.

25 COMMITTEE SECRETARY HOPPER: Theresa Taylor?

1 COMMITTEE MEMBER TAYLOR: Aye.

2 COMMITTEE SECRETARY HOPPER: Shawnda Westly
3 excused.

4 Karen Greene-Ross for Betty Yee?

5 ACTING COMMITTEE MEMBER GREENE-ROSS: Aye.

6 COMMITTEE SECRETARY HOPPER: Mr. Chair, I have
7 all ayes, motion made, I believe, by Henry, seconded by
8 David Miller, correct?

9 COMMITTEE MEMBER MILLER: (Nods head.)

10 CHAIRPERSON FECKNER: Yes.

11 COMMITTEE SECRETARY HOPPER: And it is for the
12 election of the Vice Chair of the Pension and Health
13 Benefits Committee Ramon Rubalcava.

14 VICE CHAIRPERSON RUBALCAVA: Thank you,
15 everybody.

16 CHAIRPERSON FECKNER: Thank you.
17 Congratulations, Ramon.

18 I'm going to try and reconnect on my phone. For
19 some reason, it died. I'll be right back here.

20 Hold still.

21 It wasn't the phone. It jus wouldn't --

22 COMMITTEE MEMBER TAYLOR: We can hear you, Rob.

23 VICE CHAIRPERSON RUBALCAVA: Can you hear us,
24 Rob? Are you there?

25 We see you.

1 CHAIRPERSON FECKNER: I can hear you. But if I
2 don't get the phone, then you're not going to hear me well
3 enough, so I'm going to try and get the phone hooked on.

4 COMMITTEE MEMBER TAYLOR: We can hear you, Rob,
5 by the way, without the phone?

6 CHAIRPERSON FECKNER: Okay. Let's see what
7 happens. Can you hear me now?

8 VICE CHAIRPERSON RUBALCAVA: Yes, we can.

9 COMMITTEE MEMBER TAYLOR: Now, you have an echo
10 with the phone and --

11 CHAIRPERSON FECKNER: All right. Well, we'll
12 continue on -- I turned the phone back off.

13 COMMITTEE MEMBER TAYLOR: Yeah, because we can
14 hear you.

15 CHAIRPERSON FECKNER: All right. Well, we'll see
16 how it goes. Next up is the item 3, approval of the March
17 16th timed agenda. What's the pleasure of the Committee?
18 Do I have a motion?

19 COMMITTEE MEMBER BROWN: Move approval. Ms.
20 Brown.

21 COMMITTEE MEMBER TAYLOR: Second.

22 CHAIRPERSON FECKNER: It's been moved by Ms.
23 Brown, seconded by Ms. Taylor.

24 Any discussion on the motion?

25 Seeing none.

1 Ms. Hopper.

2 COMMITTEE SECRETARY HOPPER: Margaret Brown?

3 COMMITTEE MEMBER BROWN: Aye.

4 COMMITTEE SECRETARY HOPPER: Henry Jones?

5 COMMITTEE MEMBER JONES: Aye.

6 COMMITTEE SECRETARY HOPPER: David Miller?

7 COMMITTEE MEMBER MILLER: Aye.

8 COMMITTEE SECRETARY HOPPER: Eraina Ortega?

9 COMMITTEE MEMBER ORTEGA: Aye.

10 COMMITTEE SECRETARY HOPPER: Ramon Rubalcava?

11 VICE CHAIRPERSON RUBALCAVA: Aye.

12 COMMITTEE SECRETARY HOPPER: Theresa Taylor?

13 COMMITTEE MEMBER TAYLOR: Aye.

14 COMMITTEE SECRETARY HOPPER: Shawnda Westly,

15 excused.

16 Karen Greene-Ross for Betty Yee?

17 ACTING COMMITTEE MEMBER GREENE-ROSS: Aye.

18 COMMITTEE SECRETARY HOPPER: Mr. Chair, I have a

19 motion made by Margaret Brown, seconded by Theresa Taylor

20 for Item 3.

21 CHAIRPERSON FECKNER: Thank you very much.

22 That brings us to Item 4, executive report.

23 First up, I believe, is Mr. Suine.

24 DEPUTY EXECUTIVE OFFICER SUINE: Thank you. Good

25 morning, Mr. Chair and members of the Committee. I'm

1 Anthony Suine, CalPERS team member.

2 And I'd like to first congratulate, Mr. Chair and
3 Mr. Vice Chair on your reelections, and I look forward to
4 continue working with you going forward.

5 Grateful to have survived the last year when I
6 presented in front of you for the first time in my new
7 role as Deputy Executive Officer. And it's a little bit
8 eerie to reflect on what I thought was ahead of us, and
9 how it all played out, and how far we've come. A year
10 ago, we were just beginning to imagine transitioning into
11 a virtual environment, and now it feels somewhat
12 normalized.

13 The last time I had an opportunity to present
14 before you was in November, so I have a bit more to share
15 today. To start, I'm pleased to report we continue to
16 operate with more than 95 percent of our team working
17 remotely and our customer service performance,
18 satisfaction, and benefit payments are being sustained at
19 high levels, meeting and exceeding our goal category.

20 And while our in-person services remain shutdown
21 due to the pandemic, the regional offices have still
22 delivered over 45,000 virtual member counseling
23 appointments in 2020, the first year we offered services
24 in this manner.

25 As I've shared previously, we have been

1 concentrating on our Customer Contact Center, where the
2 wait times have sometimes been higher than either we or
3 our members like, especially on the first day of the week.
4 We've been working hard to mitigate these concerns by
5 shifting workload to free more agents and redirecting more
6 team members to the phones on those high volume days.

7 Our strategies are proving successful with wait
8 times having been reduced by over 45 percent on the first
9 day of the week, since we started our plan about six
10 months ago.

11 The teams have worked really hard to put these
12 mitigations in place and we'll continue to monitor
13 workloads and trends on a daily basis to identify and
14 incorporate new strategies.

15 We wrapped up 2020 with an increase in total
16 retirements by one percent over the last year. Schools
17 and public agencies decreased approximately seven percent,
18 while State retirements increased approximately 15
19 percent. I mentioned before we've seen a huge adoption of
20 our member self-service for retirement applications with
21 nearly 70 percent of all retirement applications being
22 submitted online.

23 We've now turned our focus to the service credit
24 purchase process. If any of you have purchased service
25 credit with CalPERS before, you know it was heavily paper

1 oriented with several back-and-forths between the member,
2 CalPERS, and sometimes the employer. We have now
3 incorporated many of those functions in the self-service
4 portal. This change enables members to calculate the cost
5 of a service credit purchase and electric from their
6 member self-service account, as well as allowing employers
7 to certify time through their myCalPERS log-ins.

8 The first phase of this was implemented in
9 January of 2021. And to date, we have received more than
10 200 electronic requests to purchase service credit online,
11 representing about 20 percent of the total requests
12 received since we implemented.

13 As we do with new online offerings, we work with
14 our partners in IT to conduct usability testing. We ask
15 members to use the tool and let us know what they think
16 about the new design. Our initial feedback has been very
17 positive, every thing from, "I like it", "easy to
18 navigate", to, "It led me along in the process and didn't
19 leave me hanging at any point", and, "Finally, we can do
20 this online".

21 As part of our ongoing strategic goals, we are
22 looking to enhance and expand more services in the online
23 portal going forward.

24 So even in our virtual environment, member
25 education remains critical. In 2020, we've talked about

1 the two virtual Benefit Education Events that had over
2 15,000 class attendees in various offerings. Now, we're
3 gearing up for our next virtual CalPERS Benefit Education
4 Event to be held next week, March 24th through 25th. This
5 will be an expanded offering. It will include 20 live
6 class offerings over two days and 20 virtual exhibitors in
7 live virtual rooms. It will also have 90 days of
8 on-demand access to these classes for those members who
9 registered for the event. These events keep getting
10 better and better and I'm really inspired by how they have
11 evolved over the time.

12 I wanted to provide a positive update on an
13 outstanding issue that you may have been aware of in the
14 past that we were recently able to resolve. As some of
15 you may recall, a law was passed in 2007 allowing those
16 who serve in the California National Guard to become
17 CalPERS members. However, at the time, there was no
18 method in place to report that service to CalPERS. The
19 National Guard is a federal agency whose payroll methods
20 differ from State agencies. And the California Department
21 of Military is responsible for reporting the National
22 Guard's payroll. But they are federal employees, and the
23 Military Department did not have access to payroll
24 information. This resulted in having no way to report
25 critical attributes for CalPERS pensions to us.

1 While it took some time, I'm happy to report that
2 through collaboration between multiple parties, including
3 the State Controller's Office, the Military Department,
4 and our internal CalPERS teams, we began accepting
5 contribution reporting data in our myCalPERS system,
6 enabling California National Guard members who have chosen
7 to be enrolled in CalPERS membership to now have an
8 automated process for payroll and service credit
9 reporting.

10 Additionally, members can now also purchase past
11 service credit as well. To date, we have approximately 25
12 National Guard members accruing CalPERS service with
13 nearly 40 more pending information from the Military
14 Department. It's nice to finally have these automated
15 capabilities between our various departments.

16 Lastly, I wanted to share a special member story
17 with you. It's been such a strange year and one that's
18 given us plenty of opportunity to meet members' needs in
19 new and creative ways. Our Walnut Creek regional office
20 had become aware of a member who had lost his housing, and
21 after hospitalization resulting from severe health issues,
22 had been discharged to live-in care facility, unable to
23 care for himself.

24 With live-in care facility restrictions in place
25 due to the pandemic, the member did not have access to

1 visitors and he also did not have a mobile phone, and had
2 limited means of communication. In January, a medical
3 social worker with Kaiser contacted us for assistance in
4 helping the member access his retirement benefits due to
5 his disabled state.

6 Since then, several members of the CalPERS team
7 have coordinated with the care facility and Kaiser to help
8 the member, including the arrangement of witnessing the
9 signature of his retirement application virtually. I'm
10 happy to say through the earnest efforts of many dedicated
11 and caring people, this gentleman is now receiving the
12 benefits he has earned as a public servant.

13 This story is an example of how extremely proud I
14 am of our team for managing the current environment and
15 delivering on our mission of serving our members and
16 employers. Our team has dealt with multiple challenges,
17 but they continue to be resilient and our leadership has
18 continued to be flexible with our team members.

19 To date, this flexibility theme has worked,
20 enabling us to fulfill our mission and provide exceptional
21 customer service while also allowing our team members the
22 balance they need to manage their home lives. We hope to
23 carry that momentum into the future with a combination of
24 telework and working in the office, letting the team have
25 a say in what their post-pandemic work arrangement will

1 look like.

2 I wish to thank the Board for your continued to
3 support -- your continued support as we've navigated this
4 bizarre year. And this concludes my update and I'm happy
5 to take any questions.

6 CHAIRPERSON FECKNER: Thank you, Mr. Suine.
7 Appreciate the update, especially the part about the
8 National Guard, and more importantly the dedication that
9 you guys put in to getting that member retired. So thank
10 you to you and your staff for always being flexible in
11 making sure that the members come first.

12 Seeing no questions, then we'll move to Mr.
13 Moulds.

14 CHIEF HEALTH DIRECTOR MOULDS: Great. Thank you.
15 Good morning, Mr. Chair and members of the Committee. Don
16 Moulds, CalPERS team. I also want to congratulate Mr.
17 Feckner and Mr. Rubalcava on your reelection to Chair and
18 Vice Chair of the Committee. Our team looks forward to
19 working with both of you again this year.

20 I'll start my remarks by providing an update on
21 timing for the long-term care rate increase you adopted
22 last November. We communicated with you then that the
23 increase would take effect sometime after July 1st, 2021
24 for the first-year increase, and late in 2022 for the
25 second-year increase.

1 We now know that the first-year increase is set
2 to commence in November of 2021. The timeline for the
3 second-year rate increase has not changed. This means
4 that the offer letters to policyholders will be mailed
5 this August. These are the letters that policyholders
6 receive with specific policy change offers that, if
7 accepted, would allow them to avoid the rate increase
8 entirely. The offer letters will also remind
9 policyholders of their right to contact our third-party
10 administrator, Long Term Care Group, to arrange customized
11 changes and benefit.

12 The delay of the first-year increase -- excuse
13 me. The delay in the first-year increase from summer to
14 fall was necessary because of significant upgrades we've
15 instituted in the offers we're providing to our
16 policyholders. In the past, policyholders received the
17 same offer regardless of the specifics of their policy.
18 These options will be provided -- the options we'll be
19 providing in this rate increase will be tailored to
20 individual policies and afford options for many -- two
21 options for many policyholders. The tailored offers will
22 help policyholders get more from their amended policies.

23 The addition of the policy options you approved
24 in November and the decision tree we've integrated into
25 the benefit offers require extensive coding changes, which

1 is a primary reason for the added time. The modest delay
2 is not significant enough to require changes to the size
3 of the required rate increase.

4 I also want to mention a trend that's been
5 reported recently in the news and in the earning reports
6 of some publicly traded long-term care insurance carries,
7 and how it could potentially affect our needed rate
8 increases.

9 As I've mentioned in the past, COVID has
10 disproportionately killed individuals who are of the age
11 where they require long-term care, and more specifically,
12 it has killed residents of long-term care facilities at a
13 very high rate. COVID has also made people more reluctant
14 to use long-term care services, both to have a long-term
15 care provider coming into their home regularly or to move
16 into a long-term care facility.

17 Few publicly traded long-term care carriers have
18 recently reported that these trends have reduced their
19 short- and long-term liabilities. We're currently
20 monitoring for this trend. To date, CalPERS has not seen
21 material changes in either deaths of their policyholders
22 or in deferred claims, though claims lag may be blinding
23 us to some of these changes, particularly to premature
24 death in our enrollees.

25 It's also worth noting that any slowing of the

1 use of long-term care services is likely to be short
2 lived. As long as long-term care workers and aged people
3 are vaccinated, the risk associated with receiving
4 services has gone down. And as anxieties associated with
5 the use of long-term care services goes down, industry
6 experts expect a return to regular use patterns.

7 Any reduction in liabilities we do see will be
8 passed along to our policyholders, most likely in the form
9 of reductions in the second-year rate increase. We'll let
10 you know of any developments related to this issue.

11 The next item I want to share is that we are
12 underway with our Risk Mitigation Strategy as part of the
13 two-year implementation of portfolio rating for our basic
14 health plans. This includes the development of risk
15 scores for each of the health plans. As a reminder, we're
16 calculating risk scores using the Milliman Advanced Risk
17 Adjuster that was approved by the Board in November. We
18 shared preliminary risk scores with the plans in late
19 February.

20 Over the next several weeks, we'll engage with
21 the plans as part of the rate development process. Each
22 of the plan's final risk scores will be made available at
23 the end of April and shared publicly on the CalPERS
24 website.

25 Next I want to update the Board and our

1 stakeholders on our continued important efforts on
2 behavioral health. I want to thank our Board,
3 stakeholders, and members for their input on our work to
4 increase quality and access of behavioral health services
5 for our members. I also want to acknowledge Controller
6 Yee's recent letter on this topic and let you know we
7 remain steadfast in our focus on making sure members have
8 access to the right kind of clinical behavioral health
9 care at the right time.

10 Dr. Logan, provided an in-depth look at our work
11 on behavioral health in January, but I'll quickly
12 highlight a few key actions underway. Behavioral health
13 is an essential part of our strategic plan. We're
14 monitoring behavioral health claims and utilization, and
15 identifying trends and areas we may need to address with
16 plans. We've seen a significant uptake in the use of
17 behavioral health services during the pandemic, including
18 an exponential increase in the use of behavioral health
19 services through telehealth.

20 At the same time, we've not noted any increase in
21 grievances and appeals during the same period, which helps
22 to reassure us that our focus over the last few years to
23 improve quality and access is helping our members.

24 We anticipate that telehealth will continue to
25 play a vital role in behavioral health treatment for our

1 members after the pandemic and have embarked on a
2 significant research agenda that will be aiding our
3 efforts to harness the best telehealth has to offer, while
4 avoiding some of its downsides.

5 We continue to work with Covered California and
6 the Department of Health Care Services on a plan to
7 improve behavioral health infrastructure statewide. This
8 we believe will be the key to any truly meaningful change
9 in quality and access.

10 More recently, we've added behavioral health
11 performance measures to our health plan contracts for
12 2021. This is just a glimpse of our broad set of
13 activities. Dr. Logan and I will be providing you with
14 regular updates on our work in behavioral health on an
15 ongoing basis. With the continuation of the pandemic and
16 the corresponding rigors and stresses we've all been
17 facing, we're acutely aware of the importance of
18 behavioral health within the CalPERS Health Program.

19 Last for me, I want to share that this year open
20 enrollment will be held from September 20th to October
21 15th. These dates are similar to last year's open
22 enrollment time frame. With the various plan expansions
23 and benefit additions you've approved, we'll have our
24 hands full this year.

25 Dr. Logan is here to provide you with a COVID

1 update. I can answer any questions now or I can remain --
2 I can wait until after her remarks. It's at the pleasure
3 of the Chair and the Committee.

4 CHAIRPERSON FECKNER: Well, we do have a number
5 of questions for you, but why don't we let Dr. Logan go
6 first, because there may be questions in there as well.

7 CHIEF HEALTH DIRECTOR MOULDS: All right.

8 CHIEF MEDICAL OFFICER LOGAN: Great. Thank you.
9 Can you hear me?

10 Yes.

11 COMMITTEE MEMBER BROWN: (Thumbs up.)

12 CHIEF MEDICAL OFFICER LOGAN: And good morning.
13 Julia Logan, CalPERS team. It's been a remarkable few
14 months in the fight against COVID-19. Over the winter
15 holidays, we went to -- witnessed a horrific surge in
16 California. Southern California became the epicenter of
17 the pandemic and vaccines were scarce.

18 Fast forward to today, and more than 12 million
19 Californians have received at least one vaccine dose and
20 our COVID cases have dropped to levels we haven't seen
21 since October.

22 Over 1,200 providers across the state are
23 administering vaccines. The state expects to have three
24 million vaccines administered a week by the end of March
25 and four million a week by the end of April. President

1 Biden's \$1.9 trillion American Rescue Plan Act will help
2 to accelerate and amplify the state's efforts. The
3 stimulus includes \$76 billion for COVID testing and
4 contact tracing, vaccine distribution, and the
5 distribution of other medical supplies.

6 Earlier this month, Blue Shield of California,
7 under contract with the State as its third-party
8 administrator, launched its centralized statewide
9 vaccination program. Blue Shield will build on the
10 State's existing capacity and vaccination processes that
11 are working well, while enhancing State oversight of the
12 vaccine supply and accountability for all vaccine doses.

13 Using data-driven targeting of hot spots, Blue
14 Shield has created an algorithm to determine where to
15 allocate vaccines statewide with a focus on equity. The
16 State is directing 40 percent of vaccine doses to
17 disproportionately impacted areas of the state, reserving
18 appointments for members of these communities, and
19 increasing funding for safety-net providers.

20 Just yesterday, vaccine eligibility opened up to
21 more Californians. In addition to certain essential and
22 emergency workers, and those over 65, individuals ages 16
23 to 64 with high-risk conditions are now eligible to
24 receive a vaccine. This means that roughly 18 million
25 Californians are now eligible to get a vaccine.

1 Currently, there are several ways to find an
2 appointment for a vaccine and we recommend that members
3 who are eligible check first with their usual care
4 provider to see if they have vaccines and available
5 appointments.

6 Providers who have vaccines may also begin
7 reaching out to you to schedule your vaccine appointment.
8 Members can also check their local pharmacies and their
9 local health departments to see if they have vaccines and
10 available appointments. In addition, throughout the
11 Spring, as vaccine supply increases and the statewide
12 vaccinator network grows, you'll be able to schedule an
13 appointment through California's My Turn, their vaccine
14 enrollment website. The website is www.myturn.ca.gov.

15 And with more than 105 million people across the
16 country receiving highly effective and safe vaccines and
17 COVID cases dropping, questions have come up about a
18 post-vaccine world and what that may look like. Last
19 week, the Centers for Disease Control and prevention
20 released recommendations for fully vaccinated individuals
21 that provide some hope.

22 According to the CDC, fully vaccinated people can
23 visit with other fully vaccinated people indoors without
24 wearing masks or distancing. They may visit with
25 unvaccinated people from a single household, who are at

1 low risk for severe COVID-19 disease indoors without
2 wearing masks or physical distancing. They may also
3 refrain from quarantine and testing following a known
4 exposure, if they remain asymptomatic.

5 While getting shots into arms as quickly as
6 possible is extremely important in getting us back to a
7 sense of normalcy, we are not going to completely
8 eradicate COVID. We will still need to continue to adhere
9 to public health measures, remain vigilant and humble, and
10 we'll need treatments for those who don't respond to
11 vaccines or who haven't yet received a vaccine.

12 And there's hopeful news on the treatment front
13 as well. New pills to treat patients with COVID-19 are
14 currently in clinical trials, and, if successful, could be
15 ready by the end of the year.

16 This treatment is a pill designed to do for
17 patients what the drug Tamiflu does for patients with the
18 flu. Positive results were seen in early trials and could
19 prevent hospital stays and help people get better faster.

20 We realize that for members trying to track
21 vaccine development, eligibility, and supply can be
22 challenging and often frustrating. To keep our members
23 and stakeholders informed, we have been giving regular
24 updates on COVID-related issues at stakeholder meetings
25 and have been keeping information on our CalPERS website

1 up-to-date.

2 We also continue to engage with our health plans
3 on COVID-related issues, such as vaccine availability and
4 distribution, as well as ensuring that members get the
5 care that they need in the right settings during the
6 pandemic.

7 While our health plans do not have direct control
8 over vaccine supply and eligibility, they do play an
9 important role in educating members about the safety and
10 efficacy of the vaccines and in the administration of the
11 vaccine. Our plans are engaging members to provide
12 up-to-date information through direct outreach, vaccine
13 hotlines, and their websites.

14 OptumRx, our pharmacy benefit manager, has set up
15 a reminder calling system to help remind members that they
16 need their second shot.

17 Thank you for your time and attention. I'm happy
18 to answer questions. Otherwise, I can pass it back to
19 Don.

20 CHAIRPERSON FECKNER: Thank you for the
21 presentation. We do have a question for you.

22 Mr. Miller.

23 COMMITTEE MEMBER MILLER: I was just curious, Dr.
24 Logan, I noticed there were quite a few reports in the
25 news about local or municipal authorities who were

1 questioning or kind of balking at participating with, I
2 guess it was, Blue Shield's system. And what were their
3 concerns? And is there anything we should be worried
4 about with regard to that?

5 CHIEF MEDICAL OFFICER LOGAN: Thank you for the
6 question. I was not aware of the -- their concern.
7 Maybe, Don, if you are aware of it.

8 CHIEF HEALTH DIRECTOR MOULDS: Yeah. Sure. I
9 mean, I can say that there have been -- there have been
10 some transition complexities is I think the kind way of
11 putting it. You know, the challenge in starting a
12 statewide third-party administrator to centralize vaccine
13 distribution is that you're doing it after vaccine
14 distribution is already started. And so, you know, the
15 Governor had a vision for this that involved building on
16 existing pre-built infrastructure, but also making the
17 process much more uniform.

18 So that is always going to involve some back and
19 forth between the existing infrastructure, which has
20 largely been county-based, and the -- and the new
21 infrastructure, which is more centralized.

22 So, you know, you have heard from time to time
23 some of the counties concerned about doing things
24 differently, because they, in their mind, I think, have
25 worked through some of the kinks, and have something that

1 they see as working. And that's been most of what has
2 been vocalized leads. And I can say just having watched
3 it and talked to some of the folks who are implementing
4 that, you know, the effort here is to take the best of
5 what's built and to implement on top of that some really
6 critical goals. These are the goals to increase the speed
7 of the distribution, goals around the equity of vaccine
8 access, and so forth.

9 COMMITTEE MEMBER MILLER: Great. Thank you.
10 That's very helpful.

11 CHAIRPERSON FECKNER: Than you.

12 Mr. Rubalcava, is your question for Dr. Logan or
13 for Mr. Moulds, because I have a list?

14 VICE CHAIRPERSON RUBALCAVA: I'll start with Dr.
15 Logan's question -- issue first, and then I have another
16 one later for Mr. Moulds.

17 Thank you, Mr. Chair.

18 I want to follow up -- thank you, David, for
19 asking the question, so I'm not going to repeat, but I
20 also understand on the Blue Shield, LA County is one of
21 those counties that is balking as to why they need to
22 coordinate with Blue Shield.

23 But there was also a lot of news reports that the
24 contract with the State and Blue Shield wasn't clear what
25 the role was, and that it was being amended. So what's --

1 can you give us a little it, either Dr. Logan or Mr.
2 Moulds, of what is the official role of Blue Shield as
3 third-party administrator or administrator, and what does
4 it entail, because I guess -- I guess one of the concerns
5 was what kind of data were they tracking and sharing, if
6 you could speak to that one, please, somebody.

7 Thank you.

8 CHIEF HEALTH DIRECTOR MOULDS: Yeah. Dr. Logan,
9 do you want me to take that one or do you want to --

10 CHIEF MEDICAL OFFICER LOGAN: Sure, I can start
11 and then if you want to add.

12 CHIEF HEALTH DIRECTOR MOULDS: Great.

13 CHIEF MEDICAL OFFICER LOGAN: Yeah. So the role
14 of Blue Shield was really to centralize what's happening
15 in the 58 counties and the other local health
16 jurisdictions, as well as the other providers who are
17 administering vaccines. So there's a lot of
18 accountability that they're doing and oversight that
19 they're doing that wasn't happening in a centralized
20 fashion with the individual counties and vaccine
21 providers.

22 So they're enhancing the State oversight of
23 vaccine supply and increasing accountability for all of
24 the doses. As you remember, a month or so ago, there
25 was -- there were issues with the amount of doses that

1 were allocated for the state, but not actually being put
2 into arms. And so those issues with Blue Shield onboard
3 have been resolving and they're able to just be much
4 quicker in kind of their oversight and administration of
5 the doses.

6 VICE CHAIRPERSON RUBALCAVA: Thank you, Dr.
7 Logan. But if you speak also too, is there a -- is the
8 contract -- have you seen the contract? Is it public?
9 What are your comment -- I mean, because I understood it
10 was not available at first and then it was amended. But
11 I'm not sure what the latest is on the contract between
12 the State and Blue Shield. If you could speak to that
13 question, please.

14 CHIEF HEALTH DIRECTOR MOULDS: Yeah. We haven't
15 seen a contract, but that's not to say that the contract
16 doesn't exist. We just -- you know, it's not a contract
17 that's involved us. You know, I know that it was -- that
18 the contract was somewhat iterative, so I can certainly --
19 we can certainly get back to you as to where it stands
20 right now. But, you know, it's been a -- it's been a --
21 they've, you know, started this very quickly, moving very
22 quickly. And it's -- you know, it's been reported out in,
23 you know -- in fits and spurts, but certainly happy to get
24 back to you with the answer to the question of sort of
25 what's public out there right now with respect to the

1 contract.

2 I can tell you, you know, just to reaffirm what
3 Dr. Logan says, is that, you know, one of the key roles
4 that Blue Shield is playing right now is this oversight
5 role, which is really critical. They've -- they have been
6 moving vaccine from places where distribution has been
7 slower than it should be to places where it's more -- it's
8 quicker. They've been moving it to address some of the --
9 of the equity issues. So certainly on the supply side,
10 they're playing a very major role.

11 VICE CHAIRPERSON RUBALCAVA: Thank you. Thank
12 you, Mr. Moulds. And Ms. Ortega just, on the chat, shared
13 the contract. And actually I was looking at the scope of
14 work. So thank you very much, Ms. Ortega. Thank you, Mr.
15 Moulds.

16 I do have a question after, Mr. Feckner, when we
17 get to -- off the COVID issue. Thank you.

18 CHAIRPERSON FECKNER: Very good.

19 I think that's all for you Dr. Logan. I will go
20 back to the questions for Mr. Moulds. First, I have Ms.
21 Greene-Ross.

22 ACTING COMMITTEE MEMBER GREENE-ROSS: Thank you.
23 And thank you, Mr. Moulds and Dr. Logan, the Controller's
24 concern was just about everything we've been hearing and
25 reading about the escalation in COVID's second impact on

1 mental health, besides the fiscal impacts, just seemed
2 excessive from everything we've been reading and hearing.
3 And we know the team has been working on it, so appreciate
4 just having regular updates. And if you are able to share
5 what sort of performance metrics you're putting on our
6 plans, that would be helpful to know, so we can see how
7 we're going to track that. Much appreciate that.

8 And my second comment, we were contacted from
9 several folks about -- on the Long-Term Care Program rate
10 adjust -- changes and the impacts of COVID. So I
11 appreciate the update about that, and that you'll
12 obviously -- it will be -- remain to be seen if there's
13 any sort of long-term impacts. And appreciate that you
14 will be considering that for the second round of rate
15 increases. So thank you.

16 CHAIRPERSON FECKNER: Thank you.

17 Ms. Brown.

18 COMMITTEE MEMBER BROWN: Thank you, Mr. Chair and
19 congratulations. My question is also on long-term care.
20 I have heard from a number of members about the rate
21 increases and sort of the process by which we are giving
22 them specialized rates, so maybe their rates don't
23 increase as much, or at all. Can you tell me, Dr. Moulds,
24 about how many or what percentage of the insureds you've
25 heard from about tailored offers or tailored efforts? I

1 mean, is it half, all?

2 CHIEF HEALTH DIRECTOR MOULDS: We've heard from
3 very few. We -- very few -- episodically at this point,
4 we've gotten contact -- we received contact from
5 policyholders about their rate increases, largely and
6 certainly understandably, expressing frustration over the
7 fact that we need to raise rates. We -- the process for
8 the rate increase, you know, while we've been put -- we've
9 been putting up information on our website. We've been
10 talking with the stakeholders who, in turn, have been
11 sharing information in their news letters. But, you know,
12 we expect that a good percentage of the -- of the -- of
13 the policyholders are probably at this point unaware of
14 the forthcoming rate increase.

15 We send -- in a few months, we will be sending
16 out letters former -- formally letting them know. Those
17 are ahead of the offer letters that I mentioned that will
18 give them their buydown options. But the buydown options
19 are where we would expect, and them to engage, with Long
20 Term Care Group in working through customized approaches,
21 if that's what they choose to do. That's historically
22 been the experience.

23 So in terms of, you know, percentages of
24 policyholders who would be seeking some sort of customized
25 approach, it's really too early to tell. I can tell you

1 historically, just looking back at the last rate increase,
2 it was a relatively small number of policyholders. The
3 vast majority either took the rate increase or took the
4 offer that we -- that we sent in the offer letters, which
5 is part of the reason that we wanted to make sure that the
6 offers were thoughtfully constructed and tailored to the
7 specific policies of the beneficiaries.

8 COMMITTEE MEMBER BROWN: I appreciate that. My
9 concern is that I wanted us to be noticing the members
10 sooner rather than later. I know we have a legal
11 obligation by the contract in terms of how many days in
12 advance we must notify them, but I really want us to
13 notify them early enough, so they can start planning, and
14 maybe making different choices once they realize that
15 their policy could be going up, you know, 50 percent, 80
16 percent, whatever the percentages are. And so I just want
17 us not to wait till the last minute to notify them.

18 CHIEF HEALTH DIRECTOR MOULDS: Yeah. So I'll
19 just -- I'll just say I completely appreciate that. I did
20 not want to send a letter to our policyholders about a
21 rate increase until we had nailed down the exact date of
22 the rate increase. The last thing I want to do is give
23 them partial information or information that may be
24 subject to change. So we had looked at sending the letter
25 earlier in the spring to notify them of the future rate

1 increase, but I held that, because I wanted to wait until
2 we had specific information that was -- that was hard --
3 with hard dates.

4 COMMITTEE MEMBER BROWN: So thank you.

5 Are we going to do a new actuarial study based
6 upon sort of the changes in uses of long-term care or the
7 number of people who've passed away, who maybe are no
8 longer on our Long-Term Care Program? And the reason I'm
9 asking -- I'm asking that we do that is just like we've
10 done for the East San Gabriel Valley people with their
11 pensions, we did another actuarial study to make sure we
12 could give them the most pension or give them the least
13 amount of reduction. I'd like us to do the same with the
14 long-term care, that we seriously look at that, and maybe
15 even hold off on increases this time around, until we get
16 that additional information, you know, to us and the
17 stakeholders.

18 I'm telling you people are -- a hundred thousand
19 or so members are very, very concerned about what they're
20 going to be doing in the future.

21 CHIEF HEALTH DIRECTOR MOULDS: Sure. Yeah. We
22 do -- we run an actuarial report looking at the --
23 everything from the state of our returns to our -- to our
24 mortality, morbidity, and lapse rates, and update our
25 assumptions in the Long-Term Care Program on an annual

1 basis. That's -- that work is led by the Actuarial team.
2 So we will -- that will be done before we implement this
3 coming rate increase.

4 I can tell you that we've been -- you know, when
5 I say that we've been monitoring for the possibility of
6 changes in our liabilities due to COVID, you know, we --
7 we have data from the spring surge that just didn't show
8 meaningful differences in mortality or claims. We -- I
9 speak with Long Term Care Group that sees claims coming
10 through as they come through. We have not seen -- I spoke
11 with them last week. I spoke with them two weeks ago. We
12 have not seen meaningful changes there. The one place
13 where we might be more likely to see changes is in -- is
14 in mortality. And, you know, a lot of our policyholders
15 are billed on an annual basis, so lapse -- lapses due to
16 mortality may not -- may not be things that we see until
17 the next -- the next billing cycles.

18 When I checked with our actuarial team a week
19 ago, as I'm doing with them also about mortality, they are
20 still not seeing meaningful difference, but that's not to
21 say that it won't happen.

22 You know, the risk in delaying the rate increase
23 is that the longer we delay the rate increase, the more of
24 a rate increase we have to implement. So as we -- every
25 month that we're not putting forth the rate increase is a

1 month where we're not collecting the additional premium
2 and it increases our liability. So you know, it is
3 something that we're paying close attention to, because if
4 there are significant changes, we're going to want to make
5 the adjustments. But it also wouldn't make a lot of sense
6 to put off our rates significantly, because ultimately
7 when we do -- when we do the rate increases, we'll just
8 need to go forward with higher rate increases. And that's
9 something that I think none of us want to do.

10 COMMITTEE MEMBER BROWN: Thank you for that, Dr.
11 Moulds. I have an accounting and finance background, so I
12 do know that putting it off, you know, budget cuts or, you
13 know, increases do delay and cause greater harm later.

14 The question about the mortality and the billing
15 being annually, can we look at that ahead of the annual
16 billing? I mean, I know we get -- sorry to say, we get a
17 death roll from the Social Security or we get it from
18 someone. Can we use that in order to look at mortality
19 instead of waiting for the annual billing cycle?

20 CHIEF HEALTH DIRECTOR MOULDS: So some of it we
21 will see -- some of it we can see that way. We can't look
22 at our own data, because this is a completely different
23 population than the CalPERS membership, so it --

24 COMMITTEE MEMBER BROWN: Okay.

25 CHIEF HEALTH DIRECTOR MOULDS: -- would be -- a

1 minority of long-term care policyholders are actually
2 CalPERS members. So, you know, we can't get accurate data
3 looking at our own records that way.

4 COMMITTEE MEMBER BROWN: I appreciate your
5 answers. And I just hope we're -- it sounds like we're
6 doing everything we can to stave off huge increases to our
7 long-term care members.

8 And then, Mr. Feckner, I know that there are a
9 couple of callers on the line who'd like to talk to Dr.
10 Moulds. I don't know if you're going to let them go out
11 of order, but hopefully you'll let -- you'll call on them
12 when all the Board members are done asking their
13 questions. Thank you.

14 CHAIRPERSON FECKNER: They are on the list as
15 soon as we're done hearing from Committee and Board
16 members.

17 COMMITTEE MEMBER BROWN: Thank you.

18 CHAIRPERSON FECKNER: Next, I have Mr. Rubalcava

19 VICE CHAIRPERSON RUBALCAVA: Thank you, Mr.
20 Chair. Mr. Don, I had -- Moulds, I had a question on the
21 behavioral health. First, I want to also join -- thank
22 Controller Yee for her advocacy on this issue.

23 Mr. Moulds, you mentioned that you -- there were
24 some efforts underway to work with some other parties to
25 improve the behavioral health infrastructure. Can you

1 expand on how that will be done, because at least for most
2 of our members, it's through their medical plan who
3 provide that service.

4 CHIEF HEALTH DIRECTOR MOULDS: Yeah.

5 VICE CHAIRPERSON RUBALCAVA: So they contract
6 with -- either they have it in-house, like I say Kaiser
7 does, or they contract with other providers, the insurance
8 companies. So how would that -- what are you looking at?

9 CHIEF HEALTH DIRECTOR MOULDS: Yeah.

10 VICE CHAIRPERSON RUBALCAVA: I mean, independent
11 carve-outs or something like that. I'm just curious.

12 CHIEF HEALTH DIRECTOR MOULDS: No. The mention
13 of -- the mention of Covered California and Department of
14 Health Care Services was -- you know, so basically what
15 we're doing is the -- so combined, I've said this before,
16 but, you know, the three -- the three of us, CalPERS,
17 Covered, and Medi-Cal comprise more than half of the total
18 non-(inaudible) lives in California. We're 16 million
19 strong across the three of us, which gives us tremendous
20 leverage in the marketplace.

21 And one of the -- you know, we all -- we all use
22 many of the same providers in our networks. And the
23 challenge historically is that we've all been asking those
24 providers to do different things. We've measured their
25 successes in different ways. And so you have providers

1 that row one direction for Covered California, a different
2 direction for Medi-Cal and so forth. And there's
3 tremendous power in identifying the right metrics and then
4 all askin for the same thing. If you have more than half
5 of the -- of the purchasing power in California asking
6 providers to do exactly the same thing, it's far more
7 likely to happen.

8 So that's part of it. Part of it also is
9 thinking about larger efforts to expand the workforce.
10 You know, this is an area that's challenged. Part of it
11 is pooling our resources to understand better how to
12 maximize the use of telehealth in productive ways. So,
13 you know, as Dr. Logan has said before and as I've said
14 before, telehealth is a real winner for behavioral health.
15 There's a lot of evidence that suggests that lots of
16 people who are uncomfortable getting in-person behavioral
17 health services will use telehealth to get those services.

18 It's also challenging because particularly in
19 rural areas behavioral health services are often not
20 available or they're really hard to get to. So you have
21 to drive a long way. If you're doing it regularly, that
22 creates challenges. So, you know, aligning with Covered
23 California and Medi-Cal and focusing our efforts in the
24 same direction is going to lift all boats and we think
25 improve behavioral health services for all of our

1 enrollees, or members, and so forth.

2 VICE CHAIRPERSON RUBALCAVA: Mr. Moulds, I thank
3 you for taking the initiative to work with other partners
4 especially this big to try to improve the access for
5 everybody. So I thank you for that.

6 CHIEF HEALTH DIRECTOR MOULDS: Yeah, you're
7 welcome.

8 VICE CHAIRPERSON RUBALCAVA: I do have one -- I
9 do have one more question on something else. In your
10 report on risk mitigation, you're talking about the
11 sharing of risk scores. While risk scores and the risk
12 pool is a big element in what we're trying to figure out
13 how best to -- what are the most appropriate way to arrive
14 at justified premium rates, the COVID situation has also
15 impacted utilization, reduced it in many areas. And so I
16 wonder how that -- how would that counterbalance the risk
17 scores? I mean, wouldn't that be sort of -- I mean, in a
18 way it's sort of mitigated the risk pool, didn't it?

19 So I was wondering if we -- how we're preparing
20 to deal with that issue about COVID utilization -- COVID
21 impacting utilization in a favorable way. How would
22 that --

23 CHIEF HEALTH DIRECTOR MOULDS: Yeah. You know --

24 VICE CHAIRPERSON RUBALCAVA: -- how would that
25 play on the rate calculations?

1 CHIEF HEALTH DIRECTOR MOULDS: Yeah. That's --
2 so that's a great question. I don't want to get too
3 granular, but you asked a granular question, so forgive
4 me.

5 (Laughter.)

6 CHIEF HEALTH DIRECTOR MOULDS: But the way
7 that -- the way that -- the way that risk scores are
8 developed is that typically the entities that develop them
9 identify conditions or use patterns that are -- that are
10 essentially proxies for future increased risk. So
11 COVID -- COVID -- because COVID is more of a point in
12 time, COVID is -- would not be one of those conditions.
13 It doesn't mean that COVID isn't a confounder when it
14 comes to risk scores, or that there isn't overlap.
15 Because as you know, having say diabetes or obesity is
16 a -- is a risk factor for COVID, and -- you know, and
17 potentially used in risk scores, especially diabetes.

18 So they're different, but COVID -- you know,
19 COVID is -- as I said, it's a confounder that we've talked
20 to Milliman about how they account for COVID. They have
21 looked primarily at data pre-COVID, so 2019, in
22 development of some of their risk scores. And then they
23 try to disaggregate COVID out of it. So you would
24 presumably discount for things like -- or you would pull
25 out things like hospitalizations related to COVID, because

1 hopefully they are not indications of future medical
2 liabilities.

3 VICE CHAIRPERSON RUBALCAVA: Thank you.

4 CHAIRPERSON FECKNER: Thank you, Mr. Moulds. I
5 do want to say that these are some pretty deep topics for
6 executive report, so can we look at putting these on a
7 future agenda item to discuss the behavioral health and
8 mental health issues with the different plans, et cetera,
9 as well as risk mitigation.

10 CHIEF HEALTH DIRECTOR MOULDS: Sure. Point
11 taken, and happy to.

12 CHAIRPERSON FECKNER: Very good. Next, I have
13 Ms. Ortega.

14 COMMITTEE MEMBER ORTEGA: Thank you, Mr. Chair.
15 I just wanted to say that the Blue Shield contract is
16 available on the public website of COVID-19.ca.gov for
17 those listening.

18 CHAIRPERSON FECKNER: Excellent. Thank you.
19 I have Mr. Jones.

20 COMMITTEE MEMBER JONES: Thank you. First of
21 all, congratulations to the Chair and Vice Chair on your
22 reelections.

23 And my questions to Mr. Moulds. I did hear that
24 you said that -- I think I heard that the letters will
25 be -- on Long-Term Care Program, the letters will be

1 mailed out in August, but I didn't hear the deadline date.
2 And also when the member select an option, is the
3 effective date is when their election is received or is
4 all members going to be modified on the same date at some
5 deadline date?

6 CHIEF HEALTH DIRECTOR MOULDS: Yeah. So both
7 good questions. The letters -- the letters in August are
8 the offer letters. There will be a letter that predates
9 that letter just informing members of the rate increase.
10 But the offer letters are the ones that require the
11 customized use of the decision tree, so they really can't
12 go out any sooner.

13 The vast majority of -- so billing, because this
14 is such an old program dating back to the -- to the
15 nineties, the billing cycle structure is different for
16 different members. Most of the -- most of the bills will
17 go out in November. We anticipate about 80,000 --
18 actually, a little over 80,000 of those bills would go out
19 right away in November. So some bills, because of other
20 reasons they're on a different billing pattern, would go
21 out a little bit later. But as I said, the vast majority
22 in November.

23 COMMITTEE MEMBER JONES: So is there a deadline
24 date in which a person could exercise their options?

25 CHIEF HEALTH DIRECTOR MOULDS: So they have --

1 they have 60 days to exercise their option.

2 COMMITTEE MEMBER JONES: Sixty days from
3 receiving the letter.

4 CHIEF HEALTH DIRECTOR MOULDS: Correct.

5 COMMITTEE MEMBER JONES: Okay. Thank you.

6 CHAIRPERSON FECKNER: Thank you.

7 Mr. Miller.

8 COMMITTEE MEMBER MILLER: Yeah. Yeah, Mr.
9 Moulds, I just -- kind of an observation and it may be a
10 little premature for us to really be thinking a lot about
11 this, but kind of you mentioned the -- you know, kind of
12 post-COVID world, where we see, for example, in long-term
13 care, that maybe the people being more comfortable going
14 back to it, or also with health care in general, I think a
15 lot of people may be deferring care, or deferring
16 procedures, or that -- that may seem like a short-term
17 savings, you know, or -- but really for people with
18 chronic conditions, avoiding health care, you know, may
19 impact usage, and cost in a negative way in the future.

20 But one of the things I kind of wanted to bring
21 up and point out is, while there is some real common
22 impacts between say long-term care and acute care, or
23 even, you know, almost anything in health care where
24 they've had to invest a lot in capital costs,
25 infrastructure changes, everything from facilities to HVAC

1 in existing facilities and everything because of COVID,
2 the impact of those costs on their business models and
3 finances may not appear to us via providers, or insurance,
4 or our negotiations for a while.

5 And even things like right now the labor costs.
6 In California, the cost of agency nurses recently exceeded
7 \$200 an hour. And I know it's been a really huge
8 challenge and concern, because they've had a lot of
9 capacity issues with their workforce.

10 But in contrast in long-term care, their
11 challenge is -- and it's an industry that's nearly in
12 crisis, because they do not have the kind of financial
13 structures to be able to, for the most part, balance pair
14 mix, and the different margins of their different service
15 lines, because they have very few. And a lot of them, you
16 know, are potentially going to be blinking out rather than
17 recovering. And I think that's something in a kind of a
18 longer, you know, one to five year should -- is going to
19 impact us and impact our members, and it's going to be of
20 great concern, so --

21 CHIEF HEALTH DIRECTOR MOULDS: Yeah. So great
22 point -- great points, I should say. You put your finger
23 on a number of issues that have -- that have sort of
24 popped into my head in the middle of the night and kept me
25 awake. The -- you know, it is one of -- it is -- I would

1 say the main -- I will say this first, I'm extremely
2 worried about the future environment for long-term care
3 for many of the reasons that you just identified, but also
4 because of a lot of regulatory uncertainties.

5 As we -- rightly so, as we think about the
6 future -- the future for long-term care facilities, in the
7 interests of avoiding the kind of mortality that we saw
8 over the last year in long-term care facilities, I cannot
9 imagine not seeing new requirements about spacing, and
10 ventilation, and all of the kind of things that you
11 mentioned.

12 And we also know that there's going to be massive
13 consolidation in the industry. And as we know, that's
14 never a good thing on price. So, you know, this is --
15 this is the reason that we are moving forward on the
16 aging-in-place strategy, which is also a managed care
17 strategy, and is also what we are hoping to put in front
18 of our policyholders to avoid some or potentially even all
19 of the second year rate increase.

20 You know, the winner for everybody in this kind
21 of environment is providing options for people to age in
22 their own homes, to decrease the pressure on facilities
23 going forward, and -- and to improve, you know, our future
24 financial picture at the same time.

25 So that's where we're headed to address some of

1 these challenges. But I think you're right in having
2 concern about them. I certainly do as well.

3 COMMITTEE MEMBER MILLER: Yeah, I'm -- I don't
4 want to say I'm glad that it's keeping you up at night,
5 but I'm glad that as usual, you and Dr. Logan and the
6 whole team are, you know, really on top of all this, and
7 that we're thinking beyond just the immediate
8 circumstances. So thank you for that.

9 CHAIRPERSON FECKNER: Thank you.

10 Mr. Ruffino.

11 ACTING BOARD MEMBER RUFFINO: Thank you, Mr.
12 Chair. And first, congratulations to you and the co-chair
13 on your election.

14 A mental health crisis was looming even before
15 the pandemic hit and now more than ever I think our
16 members need more support and more resources than ever
17 before. So the Treasurer is requesting CalPERS to perhaps
18 schedule, and has been said, another hearing in the near
19 future regarding the access of mental health and get an
20 update, you know, for all the health care providers, as we
21 did a year ago, and to see where are we at.

22 And so I just wanted to ensure, you know, that we
23 made that request to you, Mr. Chair, and to -- and to the
24 Committee. Thank you.

25 CHAIRPERSON FECKNER: Thank you, Mr. Ruffino, and

1 thank you to Ms. Ma as well. We've also had that same
2 request from Controller Yee, Mr. Rubalcava, and a couple
3 other Board members. So Mr. Moulds knows that he's going
4 to put that on a future agenda, and we're going to tackle
5 that issue.

6 Seeing no other requests from the Board to speak
7 at this time, Mr. Fox, I understand we have a couple of
8 folks that wish to speak from the public.

9 STAKEHOLDER RELATIONS CHIEF FOX: Yes, Mr. Chair.
10 We have two callers for Don Moulds -- comments to Don
11 Moulds, Mr. Tim Behrens from CSR.

12 MR. BEHRENS: Good morning. Can you hear me?

13 CHAIRPERSON FECKNER: Good morning. We can hear
14 you just fine.

15 MR. BEHRENS: Thank you. This is Tim Behrens,
16 California State Retirees. Congratulations Mr. Feckner,
17 Mr. Rubalcava. Thank you for the opportunity to comment.

18 I want to address the long-term care insurance
19 decisions this Board approved in November. We appreciate
20 Dr. Moulds willingness to delay the implementation date of
21 premium increases in order to offer another option to
22 subscribers to mitigate premium increases. I would point
23 out, however, that in order to have no increase, a member
24 would need to select options which would significantly
25 reduce the value by close to 50 percent of their coverage

1 after many have reduced coverage for past premium increase
2 amounts.

3 Case in point, one of our CSR members who
4 purchased long-term care insurance at its inception for he
5 and he wife, out of concern for their later years. In
6 2013, they chose to reduce their benefits to ten years
7 with no inflation protection, and still their premiums
8 rose to \$227 per month each. In 2019, their premiums
9 increased to \$448 per month each.

10 The actions you approved in November will raise
11 their premiums to \$851 each. To mitigate that, they would
12 have to reduce their coverage to what they may consider
13 unacceptable levels. A likely outcome for them and many
14 others will be terminating or letting their policies
15 lapse.

16 They will lose all of the thousands of dollars
17 they had prudently, they thought, paid to protect their
18 assets, if they needed long-term care. Ironically, higher
19 lapse rates are likely the result of the 90 percent
20 increase over two years, will actually help the fund,
21 since it will retain all contributions and not have to pay
22 claims for those subscribers.

23 In November, CSR expressed concerns over the rate
24 increases and benefit reductions, but stayed neutral on
25 the proposed actions, because we understood the challenges

1 the fund and CalPERS faced.

2 In light of new information, however, we now
3 oppose this large increase and ask that CalPERS to further
4 evaluate and reconsider the need for any increase, and
5 certainly not 52 percent this year. This new information
6 is from various sources, which Larry Woodson will detail
7 for you in his comments. They include large savings due
8 to the COVID pandemic, better than expected long-term care
9 investment returns, and many uncertainties about future
10 nursing home usage.

11 Larry's sources include long-term care commercial
12 providers, quarterly reports, industrial analysis reports
13 on COVID pandemic effects, and the American Academy of
14 Actuaries report titled Impact of COVID-19 on Long-Term
15 Care Insurance.

16 Larry has requested five minutes to present this
17 complex data. I hope the Chair will grant the extra two
18 minutes. Thank you. Have a good day and stay safe.

19 CHAIRPERSON FECKNER: Thank you, Mr. Behrens.

20 Mr. Fox.

21 MR. WOODSON: Hello.

22 CHAIRPERSON FECKNER: Hello.

23 MR. WOODSON: Hello.

24 CHAIRPERSON FECKNER: Hello.

25 MR. WOODSON: Hello. Can you hear me?

1 CHAIRPERSON FECKNER: We can hear you.

2 MR. WOODSON: You can hear me?

3 CHAIRPERSON FECKNER: Yes.

4 MR. WOODSON: Okay. Thank you. Mr. Feckner,
5 congratulations, and to Mr. Rubalcava as well. Am I able
6 to speak for five minutes?

7 CHAIRPERSON FECKNER: Yes.

8 MR. WOODSON: Okay. Thank you.

9 First of all, I'd like to say that Dr. Moulds
10 addressed a number of issues that I'm going to raise, but
11 I do feel that I have some disagreement with some of his
12 statements.

13 So let me start by saying as of March 10th,
14 54,621 Californians have died from COVID-19, 12,905 of
15 those, or 24 percent, were in nursing homes. The
16 mortality rate alone represents a cost decrease for LTC
17 insurers over the last year. A breakdown by funding type
18 isn't available, but Medicaid patients would likely be
19 higher. But I have found cost savings from numerous
20 commercial LTC insurers, which would be most similar to
21 our CalPERS claimant population.

22 One carrier group, Unum Group, announced claimant
23 mortality increased by 30 percent in their second quarter,
24 yielding a positive quarter. And I apologize for that
25 characterization. And they described new claim incidents

1 also as favorable, meaning lower, driven by what they
2 believe is a hesitancy toward nursing homes.

3 American Enterprise reported operating earnings
4 of 17 million, a big increase for their second quarter in
5 its long-term care segment, based on a drop of
6 policyholders entering nursing homes and increased
7 mortality-related terminations.

8 Genworth Financial also saw terminations
9 significantly higher in second quarter. One analyst,
10 Piper Sandler states quote, "The need for LTC rate
11 increases may be actually greatly reduced". Another
12 analyst, and Andrew Kligerman says he expected the lower
13 claim levels to continue the rest of the year. Also not
14 mentioned yet is the disproportionate number of COVID
15 deaths among the elderly not yet in need of LTC will
16 contribute to fewer claims in the short to mid-term.

17 Note that this information comes from carriers
18 second quarter reports, well prior to the enormous
19 mortality spikes since.

20 Lastly, according to the American Academy of
21 Actuaries Report, economic conditions and fear of LTC
22 facilities may cause short to longer term lapse rates of
23 policyholders. Higher lapse rates equal lower cost for
24 carriers. The combination of all these factors brings
25 significant cost relief in the short term, likely much

1 longer. And as Don said, none of this COVID information
2 was considered or available to CalPERS when completing its
3 latest actuarial valuation report on which it based its
4 two-year 90 percent premium increase -- compounded to 90
5 percent. Even now, COVID data specific to our subscriber
6 population is limited, due to the six-month data lag that
7 done mentioned.

8 So while some industry analysts predict cost
9 increases in the long term and a return to normalcy, the
10 Academy of Actuaries report actually suggests that lower
11 costs may continue. There's great uncertainty, but income
12 and -- or increase in home health, which is half the cost,
13 may be the outcome.

14 So finally, I want to cite important additional
15 data. None of the six LTC agenda items analyzed for
16 September and November committee meetings, while painting
17 a bleak picture of investment returns, reported this
18 figure that I found on page four of the full 62-page
19 actuarial report. Quote, "The program experienced an
20 investment return of 7.1 percent during FY 18-19".
21 Remarkably, that's nearly two percent above the 5.25
22 discount rate, which you just lowered, which largely
23 contributed to the 90 percent increase.

24 One final figure the Board members may not be
25 aware of, during our March 3rd retiree roundtable, I

1 learned from Dan Bienvenue that the most current status of
2 the LTC fund total assets now stands at 5.3 billion
3 dollars. It's a 12 percent increase over the 4.73 billion
4 in assets in that report, on which these increases were
5 based.

6 We urge CalPERS to delay any increases in
7 premiums till staff can accurately evaluate the COVID
8 impacts, the influence of a much higher total fund assets,
9 and reevaluation of the need to lower the discount rate
10 based on a 7.1 percent recent return.

11 Thank you.

12 CHAIRPERSON FECKNER: Thank you.

13 Seeing no other requests to speak on this item,
14 Mr. Fox, was there anyone else on the line?

15 STAKEHOLDER RELATIONS CHIEF FOX: Mr. Chair, no
16 that's concludes public...

17 CHAIRPERSON FECKNER: Very good. Thank you.

18 Before we go on to the next agenda item, I just
19 want to note for the record that Ms. Westly has joined the
20 Committee. So welcome this morning, Ms. Westly.

21 That brings us to Agenda Item 5, action consent
22 items. Having no requests to move anything, what's the
23 pleasure of the Committee?

24 COMMITTEE MEMBER TAYLOR: Move approval.

25 CHAIRPERSON FECKNER: Is there a second?

1 VICE CHAIRPERSON RUBALCAVA: I'll second. Ramon
2 Rubalcava.

3 CHAIRPERSON FECKNER: There was a motion by Ms.
4 Taylor seconded by Mr. Rubalcava. Any discussion on the
5 motion?

6 Seeing none -- oh, Ms. Brown.

7 COMMITTEE MEMBER BROWN: Yes. I'm sorry. Can
8 you -- can you help me which items were voting on. My
9 Diligent went down. Five -- action consent item is 5A,
10 the approval of the November 17th committee meeting
11 minutes; 5B review of the Pension and Health Committee
12 Delegation; 5C, minimum standards for health benefit plans
13 amendment of regulations.

14 COMMITTEE MEMBER BROWN: So I need to 5C broken
15 out separate. I'm going to vote on it.

16 CHAIRPERSON FECKNER: Okay. We'll take up items
17 5A and 5B as part of the original motion.

18 Any other discussion on the motion?

19 All right. We're voting 5A and 5B as action
20 consent items. Ms. Hopper.

21 COMMITTEE SECRETARY HOPPER: Margaret Brown?

22 COMMITTEE MEMBER BROWN: Aye.

23 COMMITTEE SECRETARY HOPPER: Henry Jones?

24 COMMITTEE MEMBER JONES: Aye.

25 COMMITTEE SECRETARY HOPPER: David Miller?

1 COMMITTEE MEMBER MILLER: Aye.

2 COMMITTEE SECRETARY HOPPER: Eraina Ortega?

3 COMMITTEE MEMBER ORTEGA: Aye.

4 COMMITTEE SECRETARY HOPPER: Ramon Rubalcava?

5 VICE CHAIRPERSON RUBALCAVA: Aye.

6 COMMITTEE SECRETARY HOPPER: Theresa Taylor?

7 COMMITTEE MEMBER TAYLOR: Aye.

8 COMMITTEE SECRETARY HOPPER: Shawnda Westly?

9 COMMITTEE MEMBER WESTLY: Aye.

10 COMMITTEE SECRETARY HOPPER: Karen Greene-Ross

11 for Betty Yee?

12 ACTING COMMITTEE MEMBER GREENE-ROSS: Aye.

13 COMMITTEE SECRETARY HOPPER: Mr. Chair, I have a
14 motion made by Theresa Taylor, seconded by Ramon for items
15 5A and 5B, all ayes.

16 CHAIRPERSON FECKNER: Thank you.

17 That brings us to 5C. We'll have the same motion
18 and seconder.

19 Ms. Brown, did you want to speak to it before we
20 vote?

21 COMMITTEE MEMBER BROWN: No, I'm fine just voting
22 no. Thank you.

23 CHAIRPERSON FECKNER: All right. Ms. Hopper.

24 COMMITTEE SECRETARY HOPPER: Margaret Brown?

25 COMMITTEE MEMBER BROWN: No.

1 COMMITTEE SECRETARY HOPPER: Henry Jones?

2 COMMITTEE MEMBER JONES: Aye.

3 COMMITTEE SECRETARY HOPPER: David Miller?

4 COMMITTEE MEMBER MILLER: Aye.

5 COMMITTEE SECRETARY HOPPER: Eraina Ortega?

6 COMMITTEE MEMBER ORTEGA: Aye.

7 COMMITTEE SECRETARY HOPPER: Ramon Rubalcava?

8 VICE CHAIRPERSON RUBALCAVA: Aye.

9 COMMITTEE SECRETARY HOPPER: Theresa Taylor?

10 COMMITTEE MEMBER TAYLOR: Aye.

11 COMMITTEE SECRETARY HOPPER: Shawnda Westly?

12 COMMITTEE MEMBER WESTLY: Aye.

13 COMMITTEE SECRETARY HOPPER: Karen Greene-Ross
14 for Betty Yee?

15 ACTING COMMITTEE MEMBER GREENE-ROSS: Aye.

16 COMMITTEE SECRETARY HOPPER: Mr. Chair, I have
17 the motion being made by Theresa Taylor, seconded by Ramon
18 Rubalcava, all ayes, one no made by Margaret Brown on
19 Agenda Item 5c, minimum standards for health benefits and
20 plans, amendment of regulations.

21 CHAIRPERSON FECKNER: Thank you, Ms. Hopper.

22 Brings to us Item 6, information consent items.

23 I do have a request to withdraw -- pull off 6C for further
24 discussion.

25 So at that point, we're on 6c to discuss. Ms.

1 Taylor, please.

2 COMMITTEE MEMBER TAYLOR: Thank you. I just
3 wanted to have Mr. Moulds, or whomever, to talk about the
4 movement between plans what the -- kind of what the
5 results were, I mean, I've got the table here, and I know
6 we've all got the table. What were the drivers of these
7 movements, if you don't mind?

8 CHIEF HEALTH DIRECTOR MOULDS: I mean I can -- I
9 can tell you at a high level. And I have Karen Páles, who
10 is the over Acting Division Director overseeing HPRA here
11 for specific questions. But as a general rule, we saw --
12 you know, we saw some movement, but not substantial
13 movement, which is pretty par for the course, both with
14 CalPERS and with health insurance generally. We've -- I
15 mentioned this to Mr. Jones in the past, but, you know,
16 we've done a little bit of work. We've had a researcher
17 from Cal looking at our members who are even more, and the
18 term of art is sticky. So people at CalPERS -- people
19 generally tend to stay with their health insurance.
20 People at CalPERS even more so.

21 You know, we're looking at some of the reasons
22 why, because ultimately we want to see our members shop.
23 In any particular area, it's often the case that there's a
24 better deal out there. And we're forever trying to bring
25 better deals into the various region. But part of having

1 that be significant is having people take them up.

2 So, you know, it's a hard nut to crack. Having
3 the options is important. But CalPERS members tend to
4 stay with their plans, unless there are pretty significant
5 changes in pricing.

6 COMMITTEE MEMBER TAYLOR: Okay. It looks like --
7 I appreciate that, Mr. Moulds. It looks like it was kind
8 of a lot of movement, based on what I'm seeing here. So,
9 for example, it looks like the PERS plans, there was a
10 lot -- quite a bit of movement. I imagine that was cost.

11 CHIEF HEALTH DIRECTOR MOULDS: Yes.

12 COMMITTEE MEMBER TAYLOR: The other plans
13 though -- and I don't know if it's because we had
14 different choices, there was -- there seemed to be a lot
15 of movement out of and into different plans. And I -- so
16 you're -- so what -- basically, what you're saying is is
17 most of it is cost drivers.

18 CHIEF HEALTH DIRECTOR MOULDS: Yeah. I mean,
19 not -- candidly, not as much as we would assume, given
20 price differences. We certainly have seen some. But
21 Karen, do you have anything you want to add there.

22 HEALTH POLICY RESEARCH ACTING DIVISION CHIEF
23 PÁLES: Ms. Taylor, Karen Páles, CalPERS team member. You
24 know, it's actually very interesting that the percent --
25 the overall percent of change was lower in 2020 than in

1 previous years. I went and took a look after we spoke
2 with Mr. Rubalcava, and in 2017, it was close to give
3 percent overall movement, in '18 about six and a half, in
4 2019, almost five, and then for 2020 only 3.1 percent. So
5 actually had less movement during the 2020 open enrollment
6 than in the last couple of years.

7 And as you saw on the table, the plan that gained
8 the most members was the PERS Select. And so, if -- it
9 feels a little bit like that's not wanting to be the first
10 ones to jump into the new plan design, right? After they
11 see it in action for a little while, we have a little bit
12 more movement into that plan.

13 But as Don mentioned, our members are very
14 sticky. We have a hard time getting folks to recognize
15 the value of a plan change for them. People tend to stay
16 with what they have. We've never really seen big
17 movements. And it actually was a little bit less movement
18 than we've seen in the last few years, if that helps.

19 COMMITTEE MEMBER TAYLOR: Okay. Great. I just
20 kind of wanted to highlight that for our stakeholders a
21 little bit, because we talk about -- we do talk about it
22 every year, but we don't get into the granular part of it.
23 So I appreciate it. Thank you so much.

24 HEALTH POLICY RESEARCH ACTING DIVISION CHIEF
25 PÁLES: You're welcome.

1 CHAIRPERSON FECKNER: Thank you.

2 That brings us to Agenda Item 7, action agenda
3 items, competition study. Mr. Moulds.

4 CHIEF HEALTH DIRECTOR MOULDS: Great. Good
5 morning, again, Mr. Chair and members of the Committee.
6 Don Moulds, CalPERS team.

7 Item 7A is a culmination of work we've been
8 talking with you about for a while now. It's a
9 competition model for our basic health plan portfolio. We
10 embarked on this work to provide data and information to
11 guide CalPERS decision making in determining the right mix
12 of plans for optimal competition across our various
13 regions. As we've discussed before, the right mix of
14 plans and plan types can maximize competition among
15 insurers, as well as between insurers, and providers which
16 can lower prices, and the wrong mix can have the opposite
17 effect, driving up prices.

18 Last year, we engaged Leemore Dafny, professor of
19 Business Administration at Harvard Business School, and
20 academic affiliate at Bates White Economic Consulting, to
21 build CalPERS an economic model that predicts the impacts
22 of changes in basic plan offerings on overall health plan
23 premiums. The competition model anticipates member
24 migration among plans, competitive dynamics within
25 geographic areas, and overall impacts on regions as well

1 as statewide.

2 What we've been referring to as the competition
3 study is an economic model that was finalized in January
4 and that the CalPERS team has used this year in our
5 valuation of health plan proposals. We've also been using
6 it to better understand the competitive dynamics in our
7 basic plan portfolio generally, both to think about what
8 types of new plans or plan expansions we may solicit in
9 the future, and in anticipation of our next health plan
10 contract cycle, which will culminate in new plans and plan
11 renewals that will become effective January 1st, 2024.
12 Preparations for that cycle will begin later this year
13 shortly after your approval of the 2022 rates.

14 By way of reminder, at the November PHBC, we
15 presented several new plans, service area expansions, and
16 benefit design proposals for 2022. The Board approved all
17 of the team's recommendations, but for three of them the
18 approval was contingent upon confirmation that the
19 competition model, at that point still under development,
20 affirmed that the net effect of the proposals was that
21 they would improve competitive dynamics and ultimately
22 create downward price pressure.

23 In November, we indicated that we would be
24 bringing that analysis back to the Board in March, which
25 is what we're doing today. In addition to the plans that

1 you approved, provisionally or outright, in November, we
2 briefly discussed one additional new service area
3 expansion that was submitted just under the wire. That
4 proposal was put forth by Western Health Advantage. They
5 are proposing to expand their basic HMO plan into Humboldt
6 County. Because that proposal was submitted too late to
7 bring to you formally in November, we only alerted you to
8 it. We didn't ask you to approve it. So I'll be
9 returning to it later in this presentation and will be
10 asking you to approve it formally.

11 With that, I'll turn things over to Dr. Dafny,
12 who as you may recall joined us for the Board off-site
13 last July. Dr. Dafny is the Bruce V. Rauner Professor of
14 Business Administration at Harvard Business School and
15 serves on the faculties of the Harvard Business School and
16 the Kennedy School of Government. She's a leading expert
17 on competition and U.S. health care markets. Dr. Dafny is
18 going to share a little more about the model she built
19 with her colleagues at Harvard and Bates White, as well as
20 key findings.

21 Following her presentation, I'll walk you through
22 the findings of the competition model as they relate to
23 the three plan expansions you tentatively approved in
24 November, as well as the proposal to expand Western Health
25 Advantage into Humboldt County.

1 So I'll turn it over to Dr. Dafny.

2 (Thereupon a slide presentation.)

3 DR. DAFNY: Hi. Well, good morning to you. Good
4 afternoon over here. Thank you, Dr. Moulds, Chair of the
5 Board and Board members for inviting me to speak today.
6 The first couple of slides I have here are basically just
7 to refresh where we were when I last spoke to this group
8 in July. So the next slide --

9 --o0o--

10 DR. DAFNY: -- gives a bit of information about
11 the background for this study. So CalPERS approached me
12 back in fall 2019 to ask if I could help develop a model
13 to assist in developing and refining plan offerings. My
14 expertise is competition and health care markets. And Dr.
15 Moulds expressed a particular interest in understanding
16 how CalPERS could, through its plan offerings, potentially
17 spark more competition among providers and insurers, In
18 order to serve your members and generate greater value for
19 them.

20 As I mentioned in July, I asked an economic
21 consulting firm, Bates White, to assist me with this
22 project. Through them, we added two excellent economists,
23 Robin Lee, a colleague at Harvard's Economic Department
24 and Zenon Zabinski, who is a principal at Bates White.

25 Next slide.

1 --o0o--

2 DR. DAFNY: All right. So the goals that we
3 agreed upon, after a little bit of back and forth, was --
4 are listed right here, right?

5 First of all, we needed to understand and model
6 all of the moving pieces, how they come together to
7 generate enrollment premiums and value. I'll use the term
8 "utility". Economic utility is just an index of consumer
9 satisfaction for members. And once we had built the
10 model, we took it out for some rides, which we formally
11 call simulations and we did that. We modeled both
12 historical changes to see how well our plan -- our model
13 predicted them and also feature changes in order to assess
14 what might happen under alternative scenarios. And those
15 scenarios, as Dr. Moulds mentioned, included the specific
16 expansion proposals that are going to be discussed in a
17 couple of moments. But we really tried to focus as well
18 on using the model to develop some broader insights. And
19 I should note that the model itself incorporates CalPERS
20 plan to changes as relevant, including risk adjustment.

21 So the next slide --

22 --o0o--

23 DR. DAFNY: -- gives you a sense for the study
24 design. And where we were in last July was in the data
25 step. There's quite a lot of data, de-identified, that we

1 utilized in stage one to build what we call a choice
2 model, where we use data on the choices -- actual choices
3 of members, member characteristics, including, of course,
4 location, but also family, also risk scores, and plan
5 characteristics to drive -- you know, to figure out the
6 drivers of the choices that they were made.

7 And I should note the plan that you chose last
8 year is also a relevant predictor as has been discussed
9 earlier today. There's a lot of inertia. So that's
10 reflected in there. And we tested and refined the model
11 by comparing predictions of the model to actual choices,
12 for example using the data from 2014 to 2019, to estimate
13 the model predicting what happened to enrollment in 2020.
14 And we did pretty well in terms of making those
15 predictions.

16 All right. And then the next stage, stage two in
17 orange here.

18 Oh, not the next slide. Sorry.

19 It's the next stage, stage two in orange, we
20 estimated a model of plan costs, medical and pharmacy
21 costs, which depend on characteristics of the enrollees in
22 particular their risks scores, also regional differences
23 and the costs of care, cost differences across plans. We
24 then, in order to obtain premiums, added in CalPERS
25 negotiated payments with these plans that yield total

1 premiums. Kaiser is more complicated, but we have a way
2 to address that.

3 And as I noted, we implemented risk adjustment
4 both in 2022 and 2023, where its complete. And then you
5 get to do stage three, which is the fun part, putting all
6 the moving pieces together and feeding alternative
7 proposals through, and simulating what would happen, which
8 generates your insights.

9 So next slide.

10 --o0o--

11 DR. DAFNY: All right. So this tells you a
12 little bit more about the simulations that we did. We
13 considered the four plan expansion proposals that Dr.
14 Moulds will be discussing. We also tried a number of
15 hypothetical scenarios, which we won't take the time to go
16 through in great detail, or really much detail today, but
17 to generate some insights. And that's what I'll talk
18 about.

19 There were a range of outcomes that we evaluated,
20 in particular subscriber utility. Now, utility, as I
21 mentioned, is that index of consumer satisfaction that
22 reflects the benefit to a consumer of their choice net of
23 the premium expense. So it's possible that you choose a
24 higher cost plan, but generate a great deal of
25 satisfaction from it, such that your net utility is

1 potentially higher than were you to select a lower cost
2 plan. It depends on your preferences, and on the cost
3 differences, and on your value of income, which is all
4 built in there, right, with individuals from households in
5 zip codes with lower median income, likelier to be more
6 sensitive to premiums than others. So we have a good deal
7 of variation in subscriber preferences.

8 We also looked at what happens under these
9 scenarios to subscriber premiums, which depend also, of
10 course, on what happens to State employer contributions,
11 which in turn is a function of which plans are popular and
12 what their premiums are. So they're really are a lot -- a
13 lot of moving parts.

14 We can go to the next slide.

15 --o0o--

16 DR. DAFNY: All right. So where do -- you know
17 what are some big conclusions. You can feed things
18 through the model and generate -- you know, you can do
19 what-ifs. But based on our various simulations, we
20 conclude, and you will see this in the plan expansion
21 proposals, that variety can be quite valuable,
22 particularly when the variety that you're offering
23 isn't -- that you're adding isn't currently available.

24 So the example here is the Western Health
25 Advantage proposal in Humboldt County, they don't have

1 access to a narrow HMO, either a narrow or a broad HMO,
2 where they live. And that addition really does generate
3 significant consumer benefit, and, you know, create some
4 price pressure in that marketplace.

5 Another observation is really this
6 interdependence across plans, and between plans, and the
7 State -- or employer generally contributions is -- you
8 know, I don't want to oversimplify and say it's tricky,
9 but it's really tricky. For example, you introduce a plan
10 and it attracts relatively healthy subscribers. And those
11 subscribers have fairly low costs, so the premiums of that
12 plan are relatively lower. That is true even after we
13 implement risk adjustment. Risk adjustment just isn't
14 perfect. Okay.

15 So in that case, then the premiums of the other
16 plans rise, okay, which could diminish the utility of
17 subscribers who continue to stay in those plans, unless
18 those plans -- unless the State contribution rises enough
19 to offset it, in which case the State is paying more. So
20 you have to think about that. So that's the linkage.

21 On the other hand, if you were to introduce a
22 plan and it attracted a lot of subscribers, then a rival
23 plan might reduce its premiums in order to maintain its
24 market share, and then premiums could go down for others,
25 as well as for the State, right?

1 So it really depends on what -- you know, what
2 you -- what you predict the reaction is going to be of
3 large -- of large rivals in this marketplace to plans that
4 you introduce. And so our model allows a variation in the
5 strength of that response.

6 And as you are aware, because of the method of
7 premium setting, change in one region can affect change --
8 can affect subscribers that are not there at all and we
9 can see how much it affects them. So our simulations can
10 show, you know, if you do something in Humboldt County,
11 what happens to the rest of the state.

12 So it's a pretty neat tool. And I think the plan
13 is now for Dr. Moulds to show you the expansion results.

14 CHIEF HEALTH DIRECTOR MOULDS: Great. Thank you,
15 Dr. Dafny. If we can go to slide two of my presentation.

16 (Thereupon a slide presentation.)

17 CHIEF HEALTH DIRECTOR MOULDS: All right.

18 Are we on slide two?

19 Great. So I'm going to -- I'm going to start by
20 walking you through the timeline, then I'll discuss the
21 proposals that were approved contingent on the competition
22 model and the new plan expansion for your action today.
23 If we could go to slide three.

24 --o0o--

25 CHIEF HEALTH DIRECTOR MOULDS: Here is a reminder

1 of the timeline for health plan proposals. You'll recall
2 we moved up the timeline for approving proposals from the
3 spring to the fall to allow for transparency in the rate
4 development process, but also because it was challenging
5 to analyze the full impact of the new proposals at the
6 same time we were developing rates.

7 In August 2020, we asked our health plans to
8 submit proposals for any changes to their existing plan
9 products or for adding new plan products, and to provide
10 CalPERS with applicable pricing, provider network and
11 coverage areas details, as well as benefit design
12 information. The carriers submitted proposals in
13 September.

14 At the November PHBC, we brought the
15 recommendations for plan proposals for your action. All
16 we're approved, as I mentioned. Although, three were
17 approved contingent on the results of competition model.
18 Two are pending regulatory approval from the Department of
19 Managed Health Care, and one, Blue Shield's proposal to
20 expand Trio -- its Trio health plan into Monterey is
21 contingent upon both ongoing negotiations with Community
22 Hospital of Monterey Peninsula, which is the only hospital
23 in that county, and DMHC approval.

24 In February, the CalPERS team took into
25 consideration the results of the competition model. I'll

1 walk you through the outcomes of that analysis next. If
2 we can turn to slide four.

3 --o0o--

4 CHIEF HEALTH DIRECTOR MOULDS: The plan proposals
5 that were contingent on the competition model -- we're
6 sharing the slides you approved -- sharing the slides you
7 approved in November, with the update of the results of
8 the competition model.

9 For the Blue Shield proposal to reenter Access+
10 into eight of the nine Bay Area counties, the model
11 suggests the proposal will significantly benefit Bay Area
12 members by increasing plan choice, by creating competition
13 among health plans in the region, and by putting downward
14 price pressure on plans in all eight Bay Area counties.

15 As a reminder, Blue Shield exited the Bay Area
16 starting in 2019 -- in the 2019 rate year. It proposed
17 reentering the Bay Area contingent on the reintroduction
18 of risk adjustment that was approved by the Board last
19 November.

20 Next slide, please.

21 --o0o--

22 CHIEF HEALTH DIRECTOR MOULDS: So Blue Shield
23 proposed to expand its Trio health plan into four
24 counties. Those were Monterey, Orange, Santa Cruz, and
25 Stanislaus. The competition model shows that this

1 expansion will increase competition and could create
2 modest downward price pressure in the four counties. As I
3 mentioned, negotiations for the Monterey expansion are
4 ongoing. And because there is a chance those negotiations
5 may not be successful, we ask Dr. Dafny's team to analyze
6 the expansion proposal with and without Monterey. The
7 collective analysis is that either version of the
8 expansion will create more choice, more competition, and
9 favorable pricing.

10 Next slide, please.

11 --o0o--

12 CHIEF HEALTH DIRECTOR MOULDS: UnitedHealthcare
13 proposed its SignatureValue Harmony basic HMO in five
14 Southern California counties, Los Angeles, Orange,
15 Riverside, San Bernardino, and San Diego.

16 The competition model shows that this new
17 proposed health plan provides members a low cost
18 alternative HMP option. Furthermore, this new proposed
19 plan should increase competition and may result in lower
20 prices in each of the five Southern California counties.

21 In each of these three plan proposals, the
22 competition model showed increased competition and the
23 potential for downward pressure on pricing. Again, no
24 action is needed on these proposals, as you approved these
25 in November, pending this update.

1 Next, is the new plan expansion proposal for your
2 action.

3 Next slide, please.

4 --o0o--

5 CHIEF HEALTH DIRECTOR MOULDS: Western Health
6 Advantage is proposing a service area expansion into
7 Humboldt County for their basic HMO plan. It will create
8 the first low cost HMO available in Humboldt County. And
9 the competition model tells us that this could cause
10 significant downward price pressure in Humboldt County.
11 Just say that we're very excited about this plan
12 expansion. Not only does it check all of the boxes from
13 the perspective of our competition model, but will -- it
14 will also offer members a meaningful new choice in a rural
15 California county.

16 By way of reminder, the Western Health Advantage
17 proposal is contingent on regulatory approval from the
18 Department of Managed Health Care.

19 The team recommends Board approval for this
20 service area expansion.

21 Next slide, please.

22 --o0o--

23 CHIEF HEALTH DIRECTOR MOULDS: This table
24 summarizes the plan proposals presented today.

25 And the next slide.

1 --o0o--

2 CHIEF HEALTH DIRECTOR MOULDS: And then for next
3 steps, the CalPERS team recommends approval of the Western
4 Health Advantage Basic HMO Humboldt County service area
5 expansion proposal. We'll incorporate all of the approved
6 plan proposals into the 2022 rate development process.
7 You're going to get a first look at 2022 premiums in a May
8 closed session. We will be bringing preliminary premiums
9 to you in June open session. And final health plan
10 premiums will come to the Board for approval in July.
11 Approved premiums will take effect January 1st of next
12 year.

13 And that concludes my presentation. I'm happy to
14 answer any questions.

15 CHAIRPERSON FECKNER: Thank you. I know we have
16 a couple of callers on the line, but I have Ms.
17 Greene-Ross first.

18 ACTING COMMITTEE MEMBER GREENE-ROSS: Yes, Mr.
19 Moulds, I just had a question about the consultants unable
20 to -- maybe it was a timing issue that we didn't -- and I
21 wasn't -- they said it didn't have a huge impact, but not
22 having access to our local employer participant's data. I
23 thought we had all that in our database.

24 CHIEF HEALTH DIRECTOR MOULDS: We don't. And Dr.
25 Dafny, if you want to elaborate.

1 DR. DAFNY: Sure. Absolutely. We have a lot of
2 that information in the database. We're able to
3 incorporate those lives in terms of predicting costs and
4 observing choice. What we don't have access to is the
5 employer contributions on their behalf, which means we're
6 guesstimating what the out-of-pocket subscriber premiums
7 are. So we make use of them where we can, but we don't
8 where we don't have the data.

9 CHIEF HEALTH DIRECTOR MOULDS: Yeah. So it's --
10 the data we have gives a lot of -- there are a lot of data
11 points within that data, but --

12 ACTING COMMITTEE MEMBER GREENE-ROSS: Yeah.

13 CHIEF HEALTH DIRECTOR MOULDS: -- (inaudible),
14 the data points. You know, we've talked about future
15 iterations and the possibility of doing a call for that
16 information. But, you know, we -- it is challenging,
17 given the sheer number of public agencies.

18 DR. DAFNY: Right. For right now, we're assuming
19 that their choices are similar to the choices that the
20 conditional, all the observed characteristics that State
21 employees would make, and they're supporting the data that
22 they look fairly similar again conditional on having
23 certain age and household income -- median household
24 income and the zip code, et cetera. But that would be a
25 nice thing to build in.

1 ACTING COMMITTEE MEMBER GREENE-ROSS: Yeah, I
2 misunderstood and thought that also would be public
3 information.

4 DR. DAFNY: We weren't able to get it.

5 CHIEF HEALTH DIRECTOR MOULDS: Yeah.

6 DR. DAFNY: It's actually surprisingly
7 complicated just to even figure out, for which part --
8 which member is in the -- there was a lot of back and
9 forth, in your own data what their -- you know, is it
10 80 -- 85, 80. Anyway, there's a lot of moving parts, I
11 suppose.

12 ACTING COMMITTEE MEMBER GREENE-ROSS: And if
13 it's -- if we have enough other data and it's not -- and
14 we can -- and obviously if you can model and ballpark with
15 what you have, just --

16 DR. DAFNY: I don't --

17 ACTING COMMITTEE MEMBER GREENE-ROSS: -- I jus
18 wonder -- I just wondered how much of an impact that would
19 have been on changing the results in any way, shape, or
20 form, but it sounds like it wouldn't have made a
21 difference.

22 DR. DAFNY: You know, it makes -- we make some
23 assumptions about that population, because we need their
24 total enrollment, right, to figure out --

25 ACTING COMMITTEE MEMBER GREENE-ROSS: Yeah.

1 DR. DAFNY: -- costs, et cetera. But my comfort
2 level is pretty good with the volume of data we have for
3 all the other pieces. So I feel -- I mean, my advice is
4 that it's probably -- the juice isn't worth the squeeze.

5 (Laughter.)

6 ACTING COMMITTEE MEMBER GREENE-ROSS: Great
7 Expression. Thank you very much. Appreciate it.

8 (Laughter.)

9 CHAIRPERSON FECKNER: Thank you.

10 Mr. Rubalcava.

11 VICE CHAIRPERSON RUBALCAVA: Thank you, Mr.
12 Feckner. Very good presentation. And, Dr. Dafny, I'm
13 very impressed with the model. A couple times you
14 mentioned -- described utility or economic utility. And I
15 guess that's a layman comment. But the value to members.
16 And I'm always interested in how do you -- you called it
17 an index on consumer satisfaction, but it's always hard to
18 understand how people measure value. Because I think a
19 lot of it is influenced by marketing from -- not so much
20 from the provider -- I'm sorry, from -- either depending
21 from the provider or the carrier. And sometimes they're
22 confused. They want this plan, not understanding that
23 it's plan design that they're really talking about.

24 And so my question is because one thing that's
25 very unique to the action we took in November is we're

1 adding -- expanding or adding new narrow networks. And
2 narrow networks, depends how the -- I'm interested how the
3 members perceive it, because on one hand it does
4 attract -- it does bring you a lower priced HMO, and it
5 may be the same physician you had, but for other people
6 there will be disruption.

7 But yet, they're gaining -- some people may not
8 want to move, because their physician -- they'll have to
9 change physicians, so they see that disruption as a bad
10 thing. But some people will see the price a better thing.
11 And yet, the insurance carrier, they'll -- they will argue
12 that the narrow network is a better net value, because
13 they have more control over the provider, and somehow it's
14 a better contract, and there's better outcomes.

15 So members don't tend to look at outcomes, I
16 don't think. They look at other things.

17 (Laughter.)

18 VICE CHAIRPERSON RUBALCAVA: So I was wondering
19 how -- what your studies on -- how did your model
20 qualifies consumer satisfaction, and especially on this --
21 if you could speak to the narrow network dilemma, because
22 some people see that as a good thing, some see it as
23 disruption.

24 DR. DAFNY: Right.

25 VICE CHAIRPERSON RUBALCAVA: And it does impact

1 if -- you know, flight does impact the full network, for
2 example. I'm familiar with more regions where it's the
3 same per -- insurance carrier providing a full network and
4 a narrow network, and you see the flight, and you -- it
5 depends on the employer whether they want to keep the
6 differential the same, or let it flow, and kill it. And
7 sometimes I think it's introduced just to compete with a
8 larger HMO, that they'll argue is still bigger -- their
9 narrow network is still bigger than Kaiser, for example.
10 They'll say that.

11 So I'm just curious how your -- Doctor, how your
12 model compensates for that. And it's just intriguing to
13 me to do a model this size.

14 DR. DAFNY: Yeah. No, it's a -- it's a
15 fascinating discussion. And I will, you know, right off
16 the bat tell you a model can't fix everything. But let me
17 just tell you what it assumes. So it assumes that your
18 observed choices, that -- the choices that people make
19 are -- are Mr. Rubalcava right.

20 Okay. So if it is marketing that is why you --
21 or if it is that you like the lobby at Kaiser, if that is
22 why you choose it, then it is your choice. And if it's
23 the case that we observe a set of individuals facing a
24 certain choice set and there is, you know, a Mercedes plan
25 and a Mercedes price, and there is a narrow plan and a

1 narrow price, and they pick this one, then we say that
2 they are more satisfied than they would be from this one.

3 Now, as you point out, that might not involve
4 true quality. But just as with other consumer products,
5 we don't -- I don't know if this is appropriate to say,
6 but we don't judge. We say you want -- you want that car,
7 you can pay for that car, you have that car.

8 Now, I think a way we can assist people in making
9 choices that they aren't, after the fact, unhappy with is
10 giving them information about the quality, right? I know,
11 because I can look up all kinds of car ratings, what I'm
12 buying, right? Okay.

13 And I'm never buying a Mercedes. But it is much
14 hard to do with health care and I might not currently be
15 experiencing a need for knee surgery, so I might not know
16 about the limitations on how many knee surgeons I can see.
17 And so I might not value that. So that's the role of the
18 employer in trying to provide that education. Although,
19 at some level, people make choices. They don't save for
20 retirement, but they maybe don't pick broad network plans,
21 even if -- if later they -- perhaps, we've -- you know, if
22 -- if we were making the decision, we would think they
23 should.

24 So the concept of utility is based on what you
25 choose and what people who look like you with your risk

1 scores, and location, et cetera, choose what you chose
2 last year, because a lot of -- you know, you have a fairly
3 low turnover -- low turnover population.

4 You asked the question about narrow networks,
5 which I think is a really interesting discussion. What I
6 would say is the following, which is, because I've studied
7 narrow networks, in particular on health insurance
8 exchanges, you know, for the individual market, it is, of
9 course, the case that lower income individuals are more
10 price sensitive and more likely to pick cheaper plans. So
11 it's got distributional impacts.

12 On the other hand -- and it may -- it -- right,
13 and they may not be aware that they don't have as broad a
14 choice of providers, or if they are aware, they aren't,
15 you know, able to feel -- be in a position to make that
16 trade-off. What I will say is that broad providers -- the
17 other providers who are left out have a greater incentive
18 to contain their costs and stop say merging in order to
19 raise prices, if there is a threat in the market.

20 So it's not just about, you know, limiting
21 choice. It's also about injecting consumer competition.
22 Just as Mercedes looks around and says, hey, you know,
23 Lexus is out there offering a pretty good car at a lower
24 price, that's the same idea, which is, wait, that's a
25 pretty good narrow network. It has access to such and

1 such academic medical center for these kinds of things.
2 Maybe I really can't raise my price. So rejecting narrow
3 networks, because it does have that tradeoff also has
4 market implications.

5 VICE CHAIRPERSON RUBALCAVA: No, I find that
6 fascinating.

7 (Laughter.)

8 VICE CHAIRPERSON RUBALCAVA: But I would just --
9 I don't want to prolong the discussion, but I would just
10 speak to one item you said about how narrow networks tend
11 to -- lower income people are, of course, sensitive to
12 price. But also, access is an issue. We dealt with
13 this -- I'm from Southern California. There are -- our
14 members tend to live in a corridor, like downtown down to
15 the Long Beach area. And the -- the lower income people.
16 And -- income. And they don't have access to narrow
17 networks, because their plans tend to be older. And so
18 narrow networks tend to go with the higher tech, more
19 developed, more innovative medical groups and hospitals.
20 So I think it depends, you know.

21 DR. DAFNY: Yes.

22 VICE CHAIRPERSON RUBALCAVA: But nonetheless, I
23 do want to thank you and Mr. Moulds for bringing this
24 competitive study, because that helps reaffirm our hunch
25 or decision that these expansions and these new plans are

1 worth it.

2 Thank you very, very much. Thank you, everybody.

3 DR. DAFNY: Pleasure.

4 CHAIRPERSON FECKNER: Thank you.

5 Mr. Miller.

6 COMMITTEE MEMBER MILLER: Yeah. Thank you, Dr.
7 Dafny and Mr. Moulds. I really -- I think most of what I
8 wanted to ask was asked by Director Rubalcava. This whole
9 issue of, you know, the stickiness of people, and how
10 their perceptions of, you know, what you described as
11 subscriber utility in terms of the way we may be impacted,
12 you know as -- in terms of costs and in terms of costs,
13 particularly for our employers, when people seem to be so
14 very much influenced by the brand management, and the
15 advertising by some particular providers, particularly
16 some of these providers that are very high cost, but that
17 despite -- if you look at, you know, real quality
18 measures, kind of empirical measures, CMS quality measures
19 or something, they're not proportionate in terms of
20 they really -- it's like the advertising, the impression
21 people have and make their choices is way out of
22 proportion to any real kind of tangible benefit in terms
23 of health care delivery, in terms of quality by objective
24 measures and cost.

25 And it's hard to see how we can kind of get a

1 handle on that, when, even if we published a full panel
2 of, you know, measures, of clinical excellence, frankly, I
3 think many of our constituents are much more influenced by
4 the ads they see on TV, and the shiny facilities and
5 the -- you know, the -- this reputation and brand that has
6 been built.

7 And so, yeah, it's almost more a comment than a
8 questions. But if you have any thoughts on how we could
9 address that, because it really impacts us, our
10 constituents, and our employers in terms of their choices,
11 and what it costs us.

12 DR. DAFNY: I have a thought, but it's a
13 complicated one, but it's what CalPERS is famous for,
14 among academics - I'm sure you're famous for many things -
15 but is reference pricing, where you say this is a price
16 where we can get something at good quality, and then the
17 consumer bears the difference in the cost. And then they
18 can choose do we, you know, want the shiny facilities,
19 given what it costs.

20 That said, you have a certain formula for your
21 contributions, a very complicated one, Ms. Greene-Ross.
22 So I understand that a change like that is pretty huge,
23 but very difficult without having the consumer bear the
24 difference in cost for these things to get movement in
25 their choices.

1 COMMITTEE MEMBER MILLER: Thank you.

2 CHAIRPERSON FECKNER: Thank you.

3 Ms. Taylor.

4 COMMITTEE MEMBER TAYLOR: Yes. Thank you. Thank
5 you for this presentation. I'm always -- my members I
6 have a lot that are in Northern California in the rural
7 areas, and in the very south of the state in the rural
8 areas that work in our prisons and places like that. So
9 I'm glad to see that we are expanding outside of maybe
10 some of the more populated areas, such as Stanislaus and
11 Humboldt.

12 I thought, and I cannot remember for sure which
13 plan it was, was looking to expand -- I think we got this
14 report in November, Mr. Moulds, to Lassen and Shasta?

15 CHIEF HEALTH DIRECTOR MOULDS: Lassen and I
16 believe it's Alpine. That's Blue Shield Access+.

17 COMMITTEE MEMBER TAYLOR: I didn't see it there.

18 CHIEF HEALTH DIRECTOR MOULDS: And we -- so we
19 approved those. Those were not -- those were not planned
20 expansions that we needed to run through the competition
21 analysis, because there were not HMOs in those areas. So
22 those were approved in November.

23 COMMITTEE MEMBER TAYLOR: Okay. So those were
24 approved in November?

25 CHIEF HEALTH DIRECTOR MOULDS: Correct. There

1 were a bunch --

2 COMMITTEE MEMBER TAYLOR: And we've got alpine
3 and Lassen?

4 CHIEF HEALTH DIRECTOR MOULDS: Let me double
5 check that it's Alpine and not Shasta.

6 Karen, do you remember, is it Alpine or Shasta?
7 I should know that.

8 (Laughter.)

9 HEALTH POLICY RESEARCH ACTING DIVISION CHIEF

10 PÁLES: Yeah, I'm also looking. I can't --

11 COMMITTEE MEMBER TAYLOR: It's okay. If you can
12 get back to me, that's fine. You don't have to find it
13 right this very minute.

14 And then I just had --

15 CHIEF HEALTH DIRECTOR MOULDS: (Inaudible) not
16 distinguishing Alpine and Shasta. It's a --

17 COMMITTEE MEMBER TAYLOR: It will make people
18 mad, I know.

19 CHIEF HEALTH DIRECTOR MOULDS: The people who
20 live in Alpine and Shasta, yes.

21 COMMITTEE MEMBER TAYLOR: They're both beautiful
22 though, so...

23 CHIEF HEALTH DIRECTOR MOULDS: They are, which is
24 part of the challenge.

25 COMMITTEE MEMBER TAYLOR: Have we looked at -- so

1 I have a lot of members that work down south all the way
2 at the border. Have we looked into -- any of our plans
3 ever looked into going down that far into Southern
4 California?

5 CHIEF HEALTH DIRECTOR MOULDS: So we have pretty
6 good penetration in the southern parts of the state.
7 There tends to be more competition in those areas.

8 COMMITTEE MEMBER TAYLOR: This is like Donovan
9 State Prison. So we're looking at --

10 CHIEF HEALTH DIRECTOR MOULDS: So Imperial or --

11 COMMITTEE MEMBER TAYLOR: Yeah. Yeah, it's
12 further east.

13 CHIEF HEALTH DIRECTOR MOULDS: Yeah. So in
14 Imperial -- so in San Diego, we have several plans. I'll
15 get back to you with the list of plans, but I think
16 Imperial has pretty good penetration as well.

17 COMMITTEE MEMBER TAYLOR: Okay. I appreciate it.

18 CHIEF HEALTH DIRECTOR MOULDS: Yeah. I know
19 Salud y Más, for example, is in Imperial. So there's
20 some -- some interesting plans down there.

21 COMMITTEE MEMBER TAYLOR: I know Salud y Más is
22 down there. I thought it was just LA though. Am I wrong?
23 That's Imperial?

24 CHIEF HEALTH DIRECTOR MOULDS: I think it's in
25 Imperial as well.

1 COMMITTEE MEMBER TAYLOR: Okay. And then I --
2 the Lassen and Shasta/Alpine, there was no approval that
3 needed to happen through DMHC or anything?

4 CHIEF HEALTH DIRECTOR MOULDS: No.

5 COMMITTEE MEMBER TAYLOR: Okay. Cool.

6 HEALTH POLICY RESEARCH ACTING DIVISION CHIEF

7 PÁLES: Don, the Blue Shield Access+ expansion was Lassen
8 and Shasta.

9 CHIEF HEATH DIRECTOR MOULDS: And Shasta. You
10 got it right and I got t wrong.

11 COMMITTEE MEMBER TAYLOR: Got it. Thank you.

12 HEALTH POLICY RESEARCH ACTING DIVISION CHIEF

13 PÁLES: Lassen and Shasta.

14 COMMITTEE MEMBER TAYLOR: Thank you very much.

15 CHAIRPERSON FECKNER: Pretty good. Thank you.

16 Seeing no other requests, we do have a couple of
17 requests from the audience. Mr. Fox.

18 STAKEHOLDER RELATIONS CHIEF FOX: Yes, Mr. Chair.

19 We have two callers on Item 7A. The first caller is Lisa
20 Bocast from SEIU.

21 CHAIRPERSON FECKNER: Thank you.

22 MS. BOCAST: Hello. My name -- can you hear me?

23 CHAIRPERSON FECKNER: Yes.

24 MS. BOCAST: Okay. Thank you for this
25 opportunity to speak. As I was introduced, I'm Lisa

1 Bocast. I'm a State employee and a member of SEIU Local
2 1000. I wanted to share my story today to provide
3 concrete examples of the type of problems that the State
4 workers are facing. And I hope that you continue to
5 address these problems. And I am from Shasta County, so I
6 was excited to hear some of the new changes.

7 In 2017, my son needed surgery. And I made sure
8 I got all my pre-authorizations with both the hospital and
9 the surgeon well in advance. Surgery day came, everything
10 went well, and he healed with no complications. However,
11 about three weeks later, I got a bill for \$23,000. The
12 entire surgery had been denied. And when I called the
13 hospital, I was referred to the insurance company. And I
14 called and I questioned why the surgery had been denied,
15 as I had my authorizations and -- I was informed that the
16 anesthesiologist was not in network, so the entire surgery
17 was denied.

18 And then I asked how I would have known this,
19 because I didn't even know which anesthesiologist would be
20 assigned to my son's surgery until about five minutes
21 before the surgery.

22 I was told that it was my responsibility to check
23 to see if the doctors treating my family are in network.
24 And I asked how I was to know this. And I was told
25 there's an app for this. So I have five children, four

1 are boys. Boys fall down. They break bones. They split
2 things open. So what they were telling me is that if my
3 nine year old falls off his bike and needs to go to the
4 hospital, I'm supposed to ask, excuse me, Doctor, what's
5 your name, check the app, oh, I'm sorry, you're not in my
6 network. You can't treat my child. Then go to the next
7 doctor and again ask his name, check the app, and verify
8 whether or not he was in my network.

9 This is ridiculous as a parent or a patient. Our
10 members should not have to jump through these kinds of
11 hoops to get treatment. This is unacceptable.

12 As it turns out, Redding has two hospitals. Both
13 of them are in network. However, few, if any of the
14 doctors employed by these hospital are in network.

15 Another example of rural health care issues
16 happened in July of 2020. I was scheduled for an
17 endoscopy and a colonoscopy by my doctor in Chico, which
18 is 90 miles away from where I live. And it was scheduled
19 at Saint Elizabeth's hospital in Red Bluff, which my
20 doctor has rights at, which is about 30 miles away from
21 where I live.

22 I went in for my pre-op appointment on Friday and
23 was cleared for this appointment for the following
24 Wednesday. On Monday, I got a call from doctor's office
25 telling me that the hospital was refusing to treat me,

1 because I did not live in Tehama County. I live in Shasta
2 County.

3 Now, I'm scrambling -- now I was scrambling to
4 reschedule this procedure as it was a prerequisite for
5 Anthem Blue Cross for an upcoming scheduled surgery.

6 These are just a few examples of the struggle of
7 health care in rural areas.

8 Thank you for your time and for listening.

9 Thank you.

10 CHAIRPERSON FECKNER: Thank you for your
11 comments. And Mr. Moulds, could you have somebody reach
12 out to this member and find out what's going on --
13 these -- we're dealing with providers and it doesn't sound
14 like they're actually providing if our members have to try
15 and look up this information themselves.

16 CHIEF HEALTH DIRECTOR MOULDS: Yeah.

17 CHAIRPERSON FECKNER: That seems to be out of the
18 scope of what our patients and members should be dealing
19 with.

20 CHIEF HEALTH DIRECTOR MOULDS: Yeah, absolutely.
21 I was just going to ask Mr. Fox to share my information
22 and we'll be in touch with her. That's completely
23 unacceptable.

24 CHAIRPERSON FECKNER: Excellent. Thank you.

25 Mr. Fox.

1 STAKEHOLDER RELATIONS CHIEF FOX: Yes. Mr.
2 Moulds, we will do that.

3 Next caller also from SEIU Laura Slavec.

4 MS. SLAVEC: Good morning. Hello.

5 CHAIRPERSON FECKNER: Good morning.

6 MS. SLAVEC: Good morning. Thank you for
7 allowing me to speak this morning. So my name is Laura
8 Slavec. I am a registered dental assistant at Pelican Bay
9 State Prison. I have been providing this service for the
10 State for almost nine years. I live in Del Norte County,
11 where we only have one hospital, Sutter Coast. Last
12 February, my 14-year old son came -- who by the way has an
13 extremely high pain tolerance, was throwing up and was
14 complaining about tremendous pain in his groin area.

15 I called his physician and they were able to get
16 him in right away. Once he got into a room and the
17 physician was able to examine him, the physician explained
18 that he might have testicular torsion. The PA said that
19 this is a time-sensitive matter, that he could possibly
20 lose one or both of his testicles if surgery was
21 performed. The PA then called over to Sutter coast, to
22 see if there was a surgeon that could perform the surgery,
23 if surgery was needed to be done. The answer was no. So
24 instead of wasting time going to Sutter Coast and then
25 possibly having him life flighted out or whatever the

1 thought was most appropriate to get him the surgery, I
2 rushed my son to Grants Pass, Oregon which us almost two
3 hours away on a very curvy road.

4 The PA had called over to the Grants Pass
5 Hospital and had set up and let them know that I -- that
6 we'd be coming and what was going on. So when we arrived,
7 they were ready to take us back and do all necessary tests
8 to determine what was going on. Lucky for my son, he did
9 not have to have surgery.

10 How can the only hospital in a two-hour radius
11 not be a equipped to handle the community's needs. The
12 fact is they could not accommodate something that was
13 extremely time sensitive. If my son did have testicular
14 torsion, that two hours it took to go to the hospital
15 would have cost him and changed his life forever. This is
16 just the most recent encounter. I have plenty other
17 experience that are far from satisfactory when it comes to
18 Sutter Coast. And all the locals here in Crescent City
19 and Del Norte County like to call the hospital Slaughter
20 Coast.

21 Change needs to happen. Thank you so much for
22 your time.

23 CHAIRPERSON FECKNER: Thank you for your call and
24 your comments.

25 Mr. Moulds, anything to add?

1 CHIEF HEALTH DIRECTOR MOULDS: No, except just to
2 share my condolences for what sounds like an absolutely
3 horrid experience. And I'd also like to be in touch to
4 get some more details, if that's -- if that's possible.
5 We'll have Mr. Fox connect us, if the caller is willing to
6 discuss them in more details.

7 CHAIRPERSON FECKNER: Excellent. Thank you.
8 I have Ms. Taylor.

9 COMMITTEE MEMBER TAYLOR: Thank you. I just
10 wanted to make sure, based on Ms. Bocast's comments, I'm
11 just kind of a little weirded out over the fact that you
12 have a hospital that's in network and physicians aren't in
13 network. So I want -- and I know Mr. Moulds you said
14 you're going to talk to her.

15 CHIEF HEALTH DIRECTOR MOULDS: Yeah.

16 COMMITTEE MEMBER TAYLOR: Is that a normal
17 problem within --

18 CHIEF HEALTH DIRECTOR MOULDS: It can certainly
19 be a challenge. You know, the -- one of the -- we've --
20 Ms. Green and I have spoken quite a bit about some of the
21 challenges with surprise bills, particularly in
22 regional -- in rural California rather. And, you know,
23 our HMO enrollees are protected by very strong State
24 legislation. We are very, very pleased to see the
25 legislation that passed Congress at the end of last year.

1 It will go into effect, not until January 1st 2022. So
2 our PPO members are still vulnerable to this. You know,
3 we are certainly willing and eager to get involved to make
4 sure that we've done everything we can do to protect them.
5 In 2022, there will be significant protections for our PPO
6 members that aren't exactly the same as the protections
7 for our State members, but are pretty close, in some
8 cases, a little bit stronger, in some cases, a little bit
9 weaker.

10 You know, there's still work to be done on the
11 federal level on this issue. We need to bring in ground
12 ambulances under the surprise billing protections. But
13 they're good. They will help. But this is a really
14 nefarious horrible problem and I hate hearing stories like
15 this. It is incredibly frustrating.

16 COMMITTEE MEMBER TAYLOR: Okay. So let me -- I
17 mean, that's great. So what the means is these folks that
18 are in our rural areas have to have the PPO, because
19 that's what -- all they can have.

20 But is this law, the federal law, going to force
21 these physicians to actually enter the networks, because
22 they're just not going to get paid, is that how --
23 hopefully what happens, because of the surprise billing
24 life?

25 CHIEF HEALTH DIRECTOR MOULDS: Yeah. So, you

1 know, the network should include -- should include, you
2 know, reasonable services. In some of these rural areas,
3 the, you know, coverage can be more challenging than in
4 other areas. Del Norte county is a -- is a, you know,
5 extremely low population county, which is where you often
6 see some of these challenges.

7 You know, the federal -- the federal law will go
8 a long way towards protecting from -- certainly from the
9 surprise billing. The network adequacy -- the network
10 adequacy laws that affect the State health plans, our HMOs
11 are not in effect for PPOs, for our self-insured side.
12 But part of the reason that I want to be in touch with her
13 is that -- is that this sounds like a shortcoming in the
14 network potentially. And I want to make sure that if
15 that's the case, it's remedied.

16 COMMITTEE MEMBER TAYLOR: I appreciate that.
17 And, yeah, I just want to let Lisa and Laura know that
18 definitely we want to --

19 CHIEF HEALTH DIRECTOR MOULDS: Please do.

20 COMMITTEE MEMBER TAYLOR: Yeah. So I appreciate,
21 Mr. Moulds. Thank you.

22 CHAIRPERSON FECKNER: All right. Thank you.

23 Seeing no other requests to speak.

24 This is an action item. What's the pleasure of
25 the Committee?

1 ACTING COMMITTEE MEMBER GREENE-ROSS: Move to
2 approve.

3 COMMITTEE MEMBER MILLER: Second.

4 CHAIRPERSON FECKNER: Who was the motion?

5 ACTING COMMITTEE MEMBER GREENE-ROSS: Oh, Karen.

6 CHAIRPERSON FECKNER: Okay. Motion by Ms.

7 Greene-Ross, seconded by Mr. Miller.

8 Any discussion on the motion?

9 Seeing none.

10 Ms. Hopper, please.

11 COMMITTEE SECRETARY HOPPER: Margaret Brown?

12 COMMITTEE MEMBER BROWN: Aye.

13 COMMITTEE SECRETARY HOPPER: Henry Jones?

14 COMMITTEE MEMBER JONES: Aye.

15 COMMITTEE SECRETARY HOPPER: David Miller?

16 COMMITTEE MEMBER MILLER: Aye.

17 COMMITTEE SECRETARY HOPPER: Eraina Ortega?

18 COMMITTEE MEMBER ORTEGA: Aye.

19 COMMITTEE SECRETARY HOPPER: Ramon Rubalcava?

20 VICE CHAIRPERSON RUBALCAVA: Aye.

21 COMMITTEE SECRETARY HOPPER: Theresa Taylor?

22 COMMITTEE MEMBER TAYLOR: Aye.

23 COMMITTEE SECRETARY HOPPER: Shawnda Westly?

24 COMMITTEE MEMBER WESTLY: Aye.

25 COMMITTEE SECRETARY HOPPER: Karen Greene-Ross

1 for Betty Yee?

2 ACTING COMMITTEE MEMBER GREENE-ROSS: Aye.

3 COMMITTEE SECRETARY HOPPER: Mr. Chair, I have a
4 motion being made by Karen Greene-Ross for Betty Yee,
5 seconded by David Miller on Item 7A, competition study and
6 2022 new plans, area expansion and benefit changes.

7 CHAIRPERSON FECKNER: Excellent. Thank you very
8 much.

9 That moves us to Agenda Item 8a, information
10 item, update on retiree cost of living adjustment.

11 Mr. Suine

12 DEPUTY EXECUTIVE OFFICER SUINE: Good morning
13 again, Mr. Chair and members of the Committee. Anthony
14 Suine, CalPERS team member.

15 And I would like to take this opportunity to
16 introduce you to Kimberly Pulido, who succeeded me in the
17 role of Division Chief over the Retirement Benefit
18 Services Division. And she is going to be presenting the
19 cost of living adjustment item to you. So I will turn it
20 over to Kimberly.

21 RETIREMENT BENEFIT SERVICES DIVISION CHIEF
22 PULIDO: Good morning, Mr. Chair and members of the
23 Committee. Kimberly Pulido, CalPERS team member.

24 I'd like to start by congratulating Mr. Feckner
25 and Mr. Rubalcava on your reelections to your Chair and

1 Vice Chair positions.

2 Agenda Item 8a is our annual information item
3 update on the retiree cost of living adjustments, more
4 routinely referred to as COLA. Retirement law provides
5 for the payment of an annual COLA each May to all eligible
6 retirees based on the rate of inflation as measured by the
7 CPIU, which is the consumer price index for all urban
8 consumers.

9 A retiree becomes eligible for COLA in the second
10 calendar year of retirement. Therefore, members who
11 retired on -- or in 2019 or prior are eligible to receive
12 a COLA benefit this year. For the year ending 2020, the
13 rate of inflation, as measured by the CPIU was 1.23
14 percent. Approximately 95 percent of our retirees are
15 contracted for a two percent COLA. Those eligible will
16 receive at least a 1.23 percent adjustment on this May 1st
17 retirement check.

18 Because of the lower inflation in some previous
19 years, members who retired in certain years will receive
20 the full two percent. We also have less than five percent
21 of retirees who are part of employers who have contracted
22 for a three, four, or five percent COLA. Those in this
23 group will receive at least 1.23 percent as well up to
24 their contracted amount.

25 This agenda item provides a helpful chart for

1 retirees to determine what they should expect for a COLA
2 increase based on their retirement date. This information
3 has also been shared with our stakeholders and is
4 available on our newsletter and on our website for our
5 members.

6 That concludes my update and I'm happy to take
7 any questions.

8 CHAIRPERSON FECKNER: Thank you very much, Ms.
9 Pulido. I don't see any questions, so it must have been a
10 great presentation.

11 Thank you.

12 RETIREMENT BENEFIT SERVICES DIVISION CHIEF

13 PULIDO: Thank you very much.

14 CHAIRPERSON FECKNER: Anything else on this, Mr.
15 Suine?

16 DEPUTY EXECUTIVE OFFICER SUINE: No, that's it,
17 Mr. Chair. Thank you.

18 CHAIRPERSON FECKNER: Very good. Thank you.

19 Item 8a -- 8b, summary of committee direction.
20 Mr. Moulds.

21 CHIEF HEALTH DIRECTOR MOULDS: So I have two.
22 The first is to do a behavioral health briefing at a
23 future PHBC meeting. And then the second is to keep this
24 Committee affirmed -- I'm sorry, informed of any changes
25 that we're seeing in our future liabilities in the

1 Long-Term Care Program.

2 CHAIRPERSON FECKNER: Thank you. I think you've
3 got it. And when we talk about the behavioral health,
4 when you bring that back, I, for one, am not interested in
5 having the providers come back and talk to us again, like
6 talking heads. I'd rather see you and Dr. Logan do the
7 heavy lift and then bring us back the information on each
8 plan.

9 CHIEF HEALTH DIRECTOR MOULDS: Happy to do that.

10 CHAIRPERSON FECKNER: Very good. Thank you.

11 The next item is the public comment. Is there
12 anybody for public comment, Mr. Fox?

13 STAKEHOLDER RELATIONS CHIEF FOX: No, Mr. Chair.
14 That concludes public comment.

15 CHAIRPERSON FECKNER: Very good. Thank you very
16 much.

17 Next up will be the Board Governance Committee.
18 Mr. Jones, what time would you like to start?

19 COMMITTEE MEMBER JONES: 11:30.

20 CHAIRPERSON FECKNER: All right, 11:30 for Board
21 Governance. Everyone take care. Thank you for joining us
22 for the PHBC meeting and we'll see you soon.

23 This meeting is adjourned.

24 (Thereupon California Public Employees'

25 Retirement System, Pension and Health Benefits

Committee open session meeting adjourned
at 11:18 a.m.)

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25

CERTIFICATE OF REPORTER

I, JAMES F. PETERS, a Certified Shorthand Reporter of the State of California, do hereby certify:

That I am a disinterested person herein; that the foregoing California Public Employees' Retirement System, Board of Administration, Pension and Health Benefits Committee open session meeting was reported in shorthand by me, James F. Peters, a Certified Shorthand Reporter of the State of California, and was thereafter transcribed, under my direction, by computer-assisted transcription;

I further certify that I am not of counsel or attorney for any of the parties to said meeting nor in any way interested in the outcome of said meeting.

IN WITNESS WHEREOF, I have hereunto set my hand this 20th day of March, 2020.



JAMES F. PETERS, CSR
Certified Shorthand Reporter
License No. 10063