

ATTACHMENT A

RESPONDENT'S PETITION FOR RECONSIDERATION

Subject: Petition for Reconsideration

Ref. No. 2023-0841

5-6-2024

To Whom It May Concern,

I have tried to convince this board that my incapacities are still going to be an issue with my position at CDCR. I can't lift the required 50 pounds. I can't twist my neck repetitively. I will not be able to push or pull empty or full carts. I can't make repetitive motions with my left arm. Dr. Hammesfahr M.D admitted he witnessed evidence of migraines during his examination. That was while I was medicated and slept for 2 hrs prior in the car to my appointment.

Establishing conflict of interest of your doctor and behavior pattern of Dr. Hammesfahr.

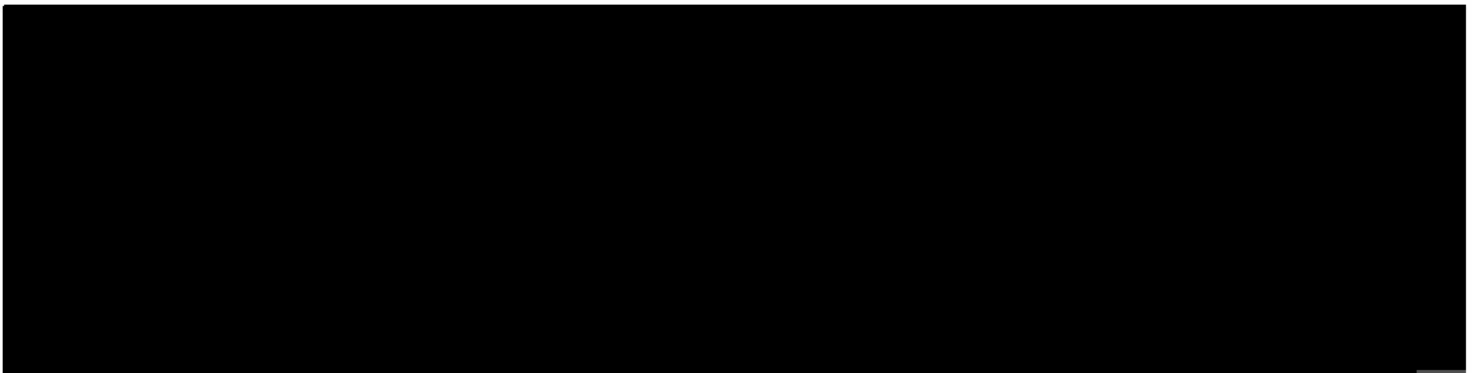
In his own words from his website and personal blog:

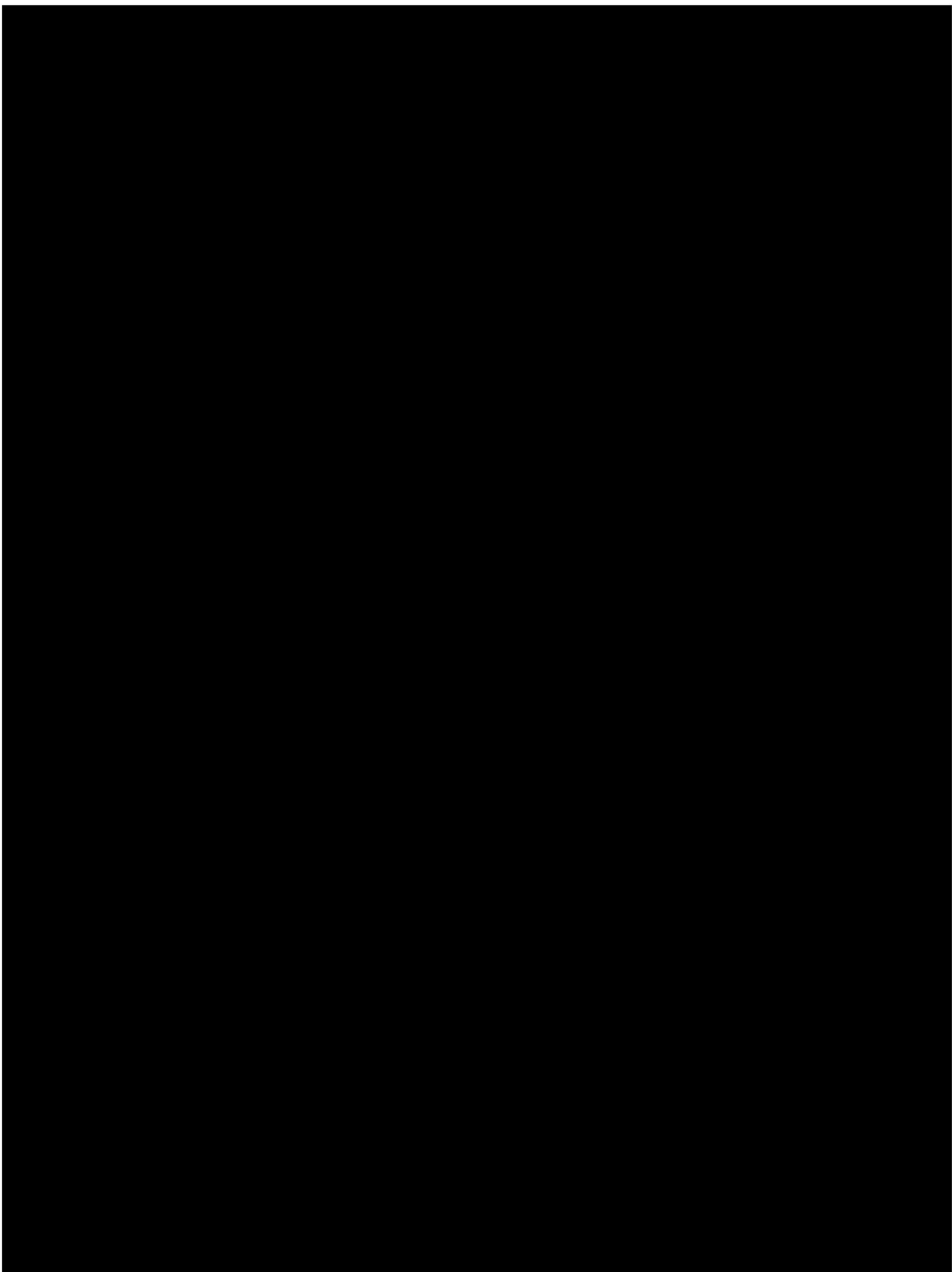
"I don't Believe in Permanent Neurological Injuries and Diseases..."

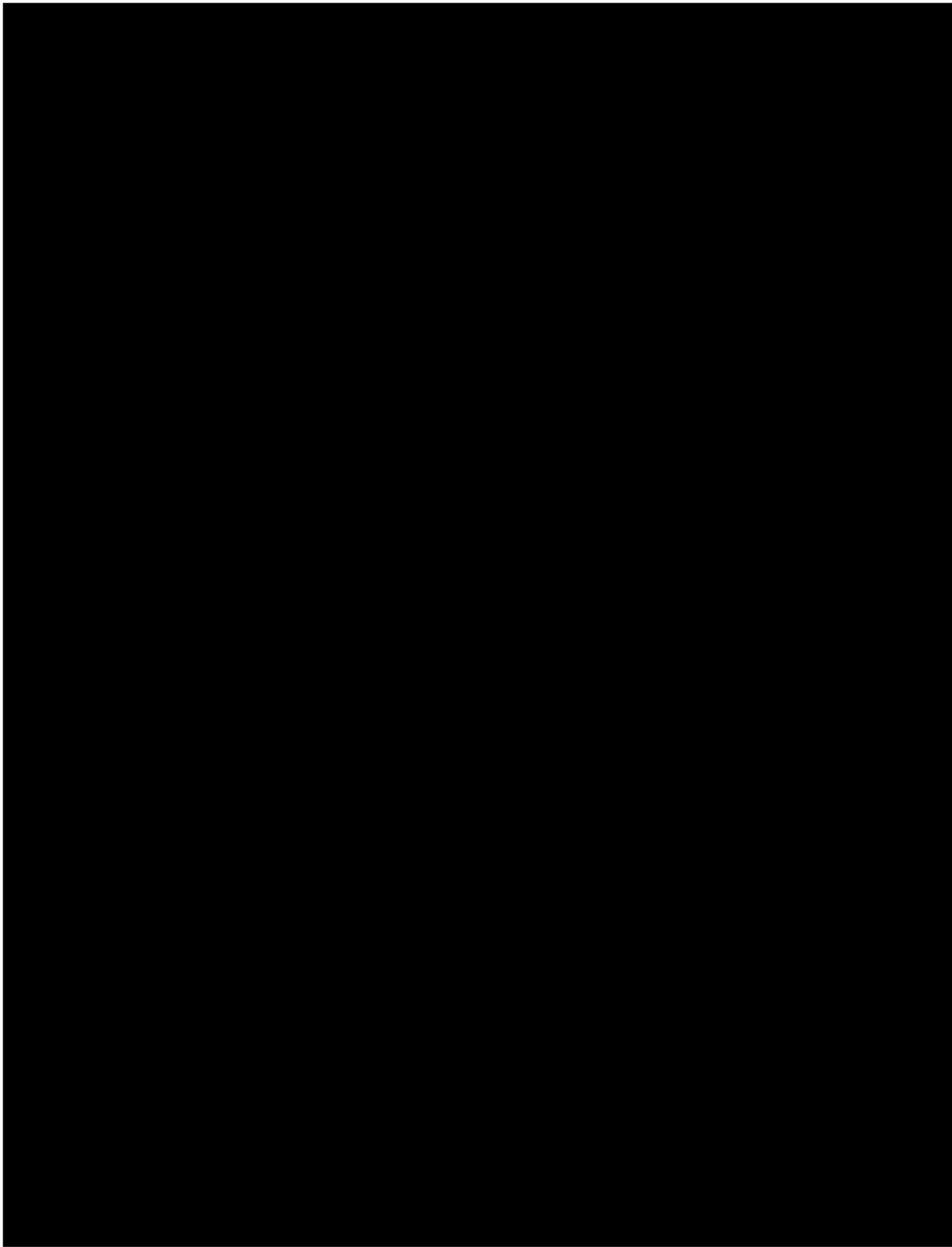
<https://whammesfahrmd.online/articles>

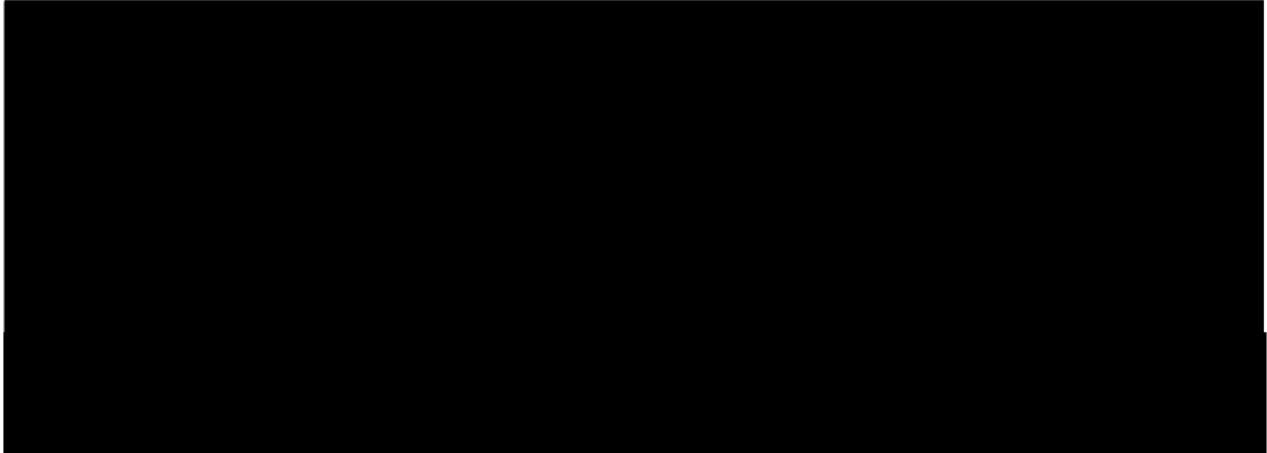
On his website he Claims to be a Nobel prize nominee.

I searched all nominees on the Nobel prize official web archive and there is no one by that name in their records. He may have been recommended but never became a nominee.









This doctor's background check alone wouldn't qualify him for my job nor should it allow him to dictate my capacity to fulfill my duties.

I implore you morally, research the man you are letting decisively affect my future.

All of Dr. William M. Hammesfahr's questionable behavior aside he contradicted himself and showed dishonesty under oath in regard to my care. Stating I wasn't seeking reasonable treatment for my migraine conditions. I have been through every possible treatment available to me. He stated that I "had not yet undergone safe medical regimens to treat post-concussive migraine headaches". I have been dealing with the symptoms of trauma induced migraines for almost 9 years. My medical history alone which he had access prior to our appointment. Those documents show I have done these treatments. Some of which went on for years none of which "resolved" in 1-2 months like he suggested they would. These migraines affect me every single day. I have taken every possible medication offered, spinal injections, therapies, tens units and specialist consultations and finally home care. I have even been recommended cbd, although I am sure it isn't on record due to the controversy with insurance.

Triptan medications restrict blood flow to the brain to combat migraines, whereas Dr. Hammesfahr hyper focused on increasing blood flow to my brain to help with the migraines. This recommended care would only increase the migraine.

Triptans are a class of medications primarily used to treat migraine headaches. They work by changing how blood circulates in your brain and how your brain processes pain signals. Here's how they function:

1. ***Blood Circulation: Migraines seem to involve changes in blood vessel width, affecting how much blood can flow through them. Triptans affect blood vessel width, which supports this***

theory¹. These medications shrink swollen blood vessels in the brain that develop during migraine attacks, providing relief from symptoms².

2.Serotonin Receptors: Triptans attach to certain serotonin receptors in your brain. When they connect with these receptors, they reduce blood vessel swelling that contributes to pain. They may also disrupt pain signals coming from your nerves³.

I have sumatriptans prescribed for emergency relief.

I am currently taking **propranolol** (Inderal, Inderal LA, Inderal XL, others), **venlafaxine** (Effexor, Eflexor, Venbysi XR, others), **Gabapentin** (Neurontin, others). **Cyclobenzaprine** (Flexeril, Amrix, others), Magnesium, Prenatal vitamins, Lysine, D3, B12.

Propranolol is a medication classified as a beta-blocker. It affects the heart and circulation by relaxing blood vessels and slowing down the heart rate. Let's explore its uses and effects

Which was prescribed to reduce my heart rate and quiet the constant pounding in my head.

Venlafaxine is an antidepressant medication that **reduces migraine attacks¹²³**. It belongs to the SNRI group and has relatively few side effects³. Venlafaxine is as effective as amitriptyline, another antidepressant, in improving migraine attack frequency, duration, and severity¹². Venlafaxine can also help with vestibular migraine, a type of migraine that affects balance and hearing³.

Gabapentin is a drug that's approved to help prevent seizures in people with epilepsy and treat nerve pain from shingles. It's also sometimes used off-label for migraine prevention. Gabapentin belongs to a class of drugs called anticonvulsants. A class of drugs is a group of medications that work in a similar way. Anticonvulsants help calm nerve impulses. It's believed that this action may help prevent migraine pain.

Prescribed for nerve issues and assist with migraines.

Cyclobenzaprine is a muscle relaxant. It works by blocking nerve impulses (or pain sensations) that are sent to your brain. Cyclobenzaprine is used together with rest and physical therapy to treat skeletal muscle conditions such as pain or injury.

I have sought out specialists and have been bounced from brain doctors to eye doctors with no avail. I have been told “maximum state of recovery” on multiple occasions. With medications hardly acting as a band-aid to a much larger issue. I have felt hopeless and lost and abandoned by my doctors. I have put my faith in this board to see right from wrong. I find it extremely difficult that this board would find a 10-15 minute evaluation doesn’t equate to almost 9 years of chronic pain.

There is a constant mistrust in leadership in society, solely because if someone doesn’t have the money to fight an injustice they are overlooked. That “justice” and “unbiased ruling” only come to those who can afford it. I had put my faith that the truth would be easily seen. Only to find after months fighting a system I am still broken and hurting left with no option but to submit.

I feel like you guys are making a mistake, and I want to respectfully request a second opinion with an adequate specialist for my condition.

Jacquelyn Vanzant