BAY AREA REGION

Alameda, Amador, Contra Costa, Marin, Napa, Nevada, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, Yolo, Yuba

"COBRA" RATES FOR JANUARY 1, 2012 TO DECEMBER 31, 2012

BASIC					
PLAN					
CODE	PLAN NAME	1 Party	2 Party	3 Party	
102	Blue Shield	\$725.32	\$1,450.64	\$1,885.84	
170	Blue Shield Advantage	\$725.32	\$1,450.64	\$1,885.84	
124	Blue Shield NetValue*	\$623.82	\$1,247.64	\$1,621.93	
160	Blue Shield NetValue Advantage	\$623.82	\$1,247.64	\$1,621.93	
104	Kaiser	\$622.65	\$1,245.30	\$1,618.88	
106	PERS Choice	\$585.63	\$1,171.27	\$1,522.65	
126	PERS Select*	\$497.14	\$994.28	\$1,292.55	
122	PERSCare	\$1,049.81	\$2,099.63	\$2,729.52	
207	PORAC	\$567.12	\$1,061.82	\$1,349.46	
* Blue Shield NetValue and PERS Select are high performance physician network plans					

SACRAMENTO AREA REGION

El Dorado, Placer, Sacramento

"COBRA" RATES FOR JANUARY 1, 2012 TO DECEMBER 31, 2012

BASIC					
PLAN					
CODE	PLAN NAME	1 Party	2 Party	3 Party	
101	Blue Shield	\$649.66	\$1,299.32	\$1,689.11	
123	Blue Shield NetValue*	\$564.15	\$1,128.30	\$1,466.79	
103	Kaiser	\$573.94	\$1,147.89	\$1,492.25	
105	PERS Choice	\$544.78	\$1,089.56	\$1,416.43	
125	PERS Select*	\$462.46	\$924.92	\$1,202.39	
121	PERSCare	\$976.59	\$1,953.18	\$2,539.13	
207	PORAC	\$567.12	\$1,061.82	\$1,349.46	
	* Blue Shield NetValue and PERS So				

^{*} Blue Shield NetValue and PERS Select are high performance physician network plans

LOS ANGELES AREA REGION

Los Angeles, San Bernardino, Ventura

"COBRA" RATES FOR JANUARY 1, 2012 TO DECEMBER 31, 2012

BASIC				
PLAN				
CODE	PLAN NAME	1 Party	2 Party	3 Party
302	Blue Shield	\$520.93	\$1,041.87	\$1,354.43
144	Blue Shield Advantage	\$520.93	\$1,041.87	\$1,354.43
062	Blue Shield NetValue*	\$448.04	\$896.07	\$1,164.89
145	Blue Shield NetValue Advantage	\$448.04	\$896.07	\$1,164.89
306	Kaiser	\$474.94	\$949.89	\$1,234.85
321	PERS Choice	\$515.74	\$1,031.49	\$1,340.93
080	PERS Select*	\$437.80	\$875.61	\$1,138.29
326	PERSCare	\$924.52	\$1,849.04	\$2,403.74
207	PORAC	\$567.12	\$1,061.82	\$1,349.46

OTHER SOUTHERN CALIFORNIA REGION

Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego, San Luis Obispo, Santa Barbara, Tulare

"COBRA" RATES FOR JANUARY 1, 2012 TO DECEMBER 31, 2012

BASIC				
PLAN				
CODE	PLAN NAME	1 Party	2 Party	3 Party
304	Blue Shield	\$595.27	\$1,190.54	\$1,547.71
142	Blue Shield Advantage	\$595.27	\$1,190.54	\$1,547.71
064	Blue Shield NetValue*	\$511.97	\$1,023.94	\$1,331.12
143	Blue Shield NetValue Advantage	\$511.97	\$1,023.94	\$1,331.12
308	Kaiser	\$523.02	\$1,046.03	\$1,359.84
323	PERS Choice	\$536.71	\$1,073.43	\$1,395.45
082	PERS Select*	\$455.61	\$911.23	\$1,184.60
328	PERSCare	\$962.13	\$1,924.25	\$2,501.53
207	PORAC	\$567.12	\$1,061.82	\$1,349.46

OTHER NORTHERN CALIFORNIA REGION

Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra, Siskiyou, Stanislaus, Tehama, Trinity, Tuolumne

"COBRA" RATES FOR JANUARY 1, 2012 TO DECEMBER 31, 2012

	BASIC					
PLAN						
CODE	PLAN NAME	1 Party	2 Party	3 Party		
303	Blue Shield	\$718.78	\$1,437.57	\$1,868.83		
307	Kaiser	\$628.46	\$1,256.93	\$1,634.00		
322	PERS Choice	\$570.44	\$1,140.87	\$1,483.13		
053	PERS Select*	\$484.23	\$968.47	\$1,259.01		
327	PERSCare	\$1,022.58	\$2,045.16	\$2,658.71		
207	PORAC	\$567.12	\$1,061.82	\$1,349.46		
	* PERS Select is a high performa	nce physician netwo	rk plan			

OUT OF STATE REGION "COBRA" GROUP CONTINUATION COVERAGE RATES FOR JANUARY 1, 2012 TO DECEMBER 31, 2012

	BASIC					
PLAN						
CODE	PLAN NAME	1 Party	2 Party	3 Party		
** 324 329 207	Kaiser Out-of-State PERS Choice PERSCare PORAC	\$832.80 \$662.14 \$1,186.97 \$567.12	\$1,665.60 \$1,324.29 \$2,373.95 \$1,061.82	\$2,165.28 \$1,721.58 \$3,086.13 \$1,349.46		
**	** These premiums cover all Kaiser out-of-state areas.					